











RESILIENT, AFFORDABLE AND COMFORTABLE HOUSING THROUGH NATIONAL ACTION

## **Building Physics and Thermal Comfort**

Session 1

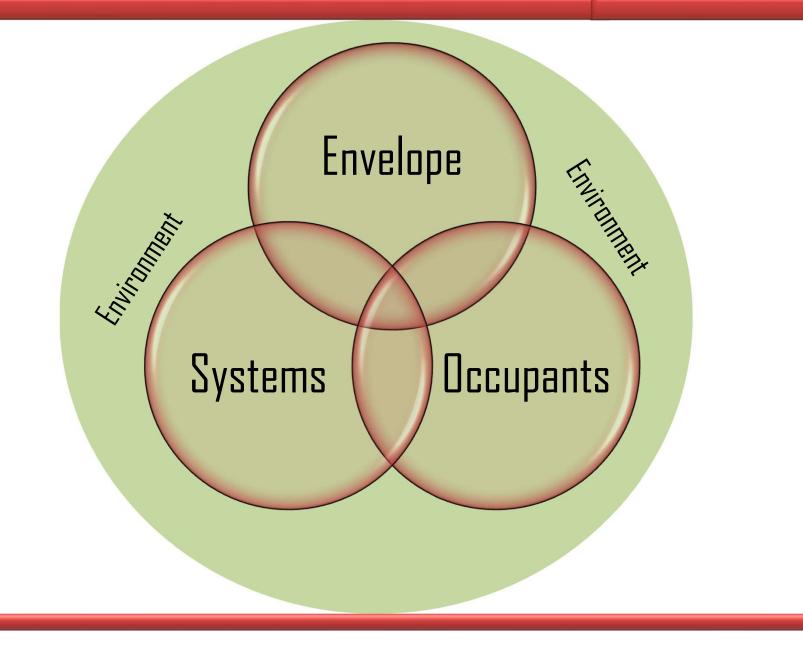
26<sup>th</sup> July 2022

-Vishal Garg





## **Building Physics**



#### THE SI

The SI — the modern metric system — has seven base units from which all other measurement units can be derived. On May 20, 2019, four of them — the kilogram, kelvin, ampere and mole — were redefined in terms of constants of nature. The remaining three — the second, meter, and candela — are already based on universal constants.

Click on the SI symbols below for more information.



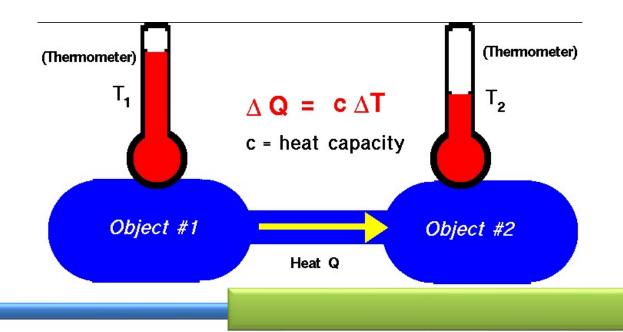
#### Temperature

• A measure of the random motion of atoms/molecules

- A symptom-as the outward appearance of the thermal state of a body
- If energy is conveyed to a body, the molecular movement within the body increases and it appears to be warmer

#### Heat transfer

- Flow of heat from hot body to a cold body
- Heat is thermal energy.
- It is transferred between bodies of different temperature.
- It is expressed in units of Joules (J) or kilowatthours (kWh).
- 1 Joule corresponds to 0.278 x 10<sup>-6</sup> kWh.
- 1 kWh corresponds to 3.6 MJ (Mega Joules).



#### Specific heat capacity

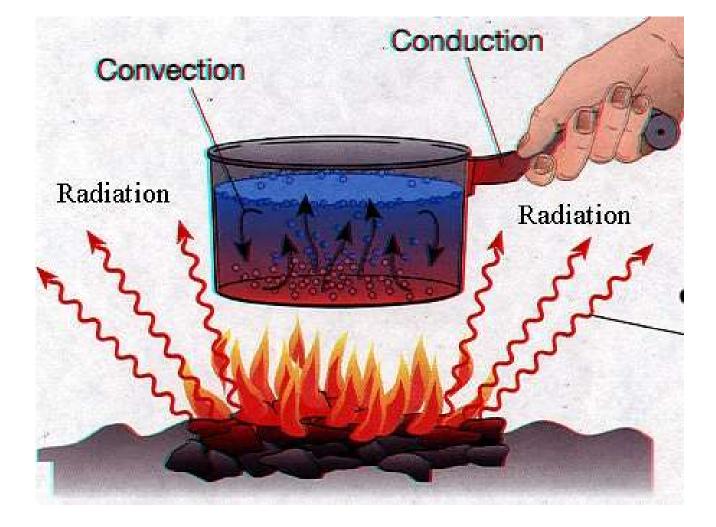
- The energy content of a substance depends on its:
  - temperature
  - mass
  - specific heat
- The specific heat capacity c of a substance denotes the amount of needed heat to raise the temperature of a unit mass of a substance 1 K. The unit of specific heat is thus: J·kg<sup>-1</sup>·K<sup>-1</sup>

Material	C <sub>p</sub> (J/kg K)
Brick	800
Concrete	840
Limestone	910
Plaster	1000
Light weight concrete	1000
Mineral wool	1000
Wood	1200
Water	4187
Air	1006

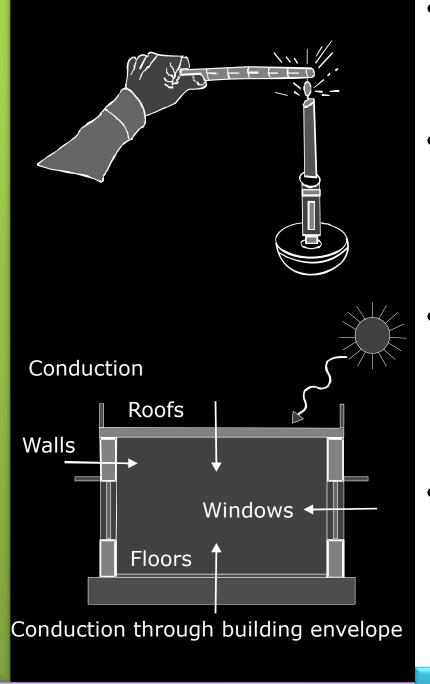
- First law of thermodynamics: Energy can neither be created nor be destroyed
- Second law of thermodynamics: Heat cannot pass spontaneously
  - Heat tends to distribute itself evenly
  - Flow from high temperature to lower temperature bodies
  - Directly proportional to temperature difference

## Modes of heat transfer

- Conduction
- Convection
- Radiation

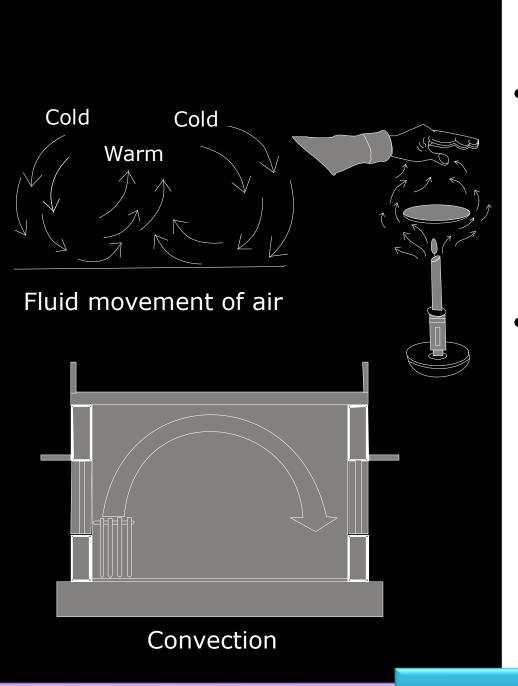


#### Conduction



- The flow of heat through a material by direct molecular contact
- Conduction take place when a temperature gradient exists in a solid (or stationary fluid) medium
- Energy is transferred from the more energetic to the less energetic molecules when neighbouring molecules collide
- Reduces with increase in thickness and reduction in thermal conductivity

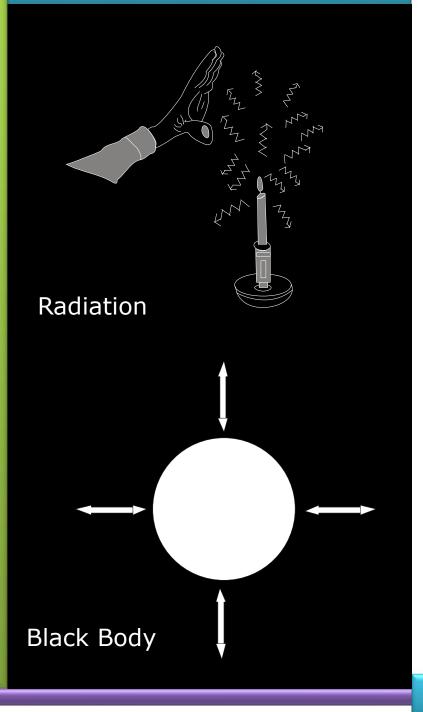
#### Convection



The transfer of heat by the movement or flow of molecules (liquid or gas) with a change in their heat content

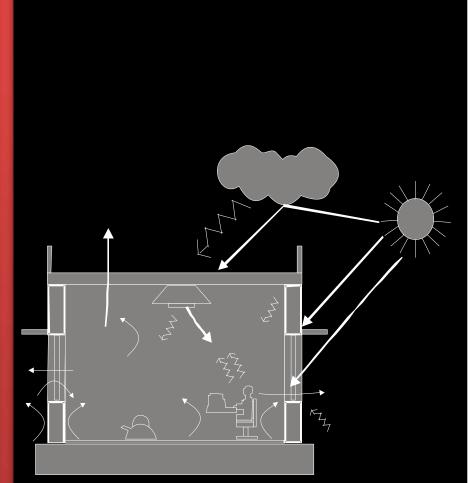
- Convective heat transfer may take the form of either in Buildings
  - Forced convection
  - Natural convection

#### Radiation



- Radiation is the transfer of heat by electromagnetic waves through a gas or vacuum.
- It requires a line of sight connection between the surfaces involved
- A black body is defined as a body that absorbs all radiation that falls on its surface.

#### Heat gain and heat loss

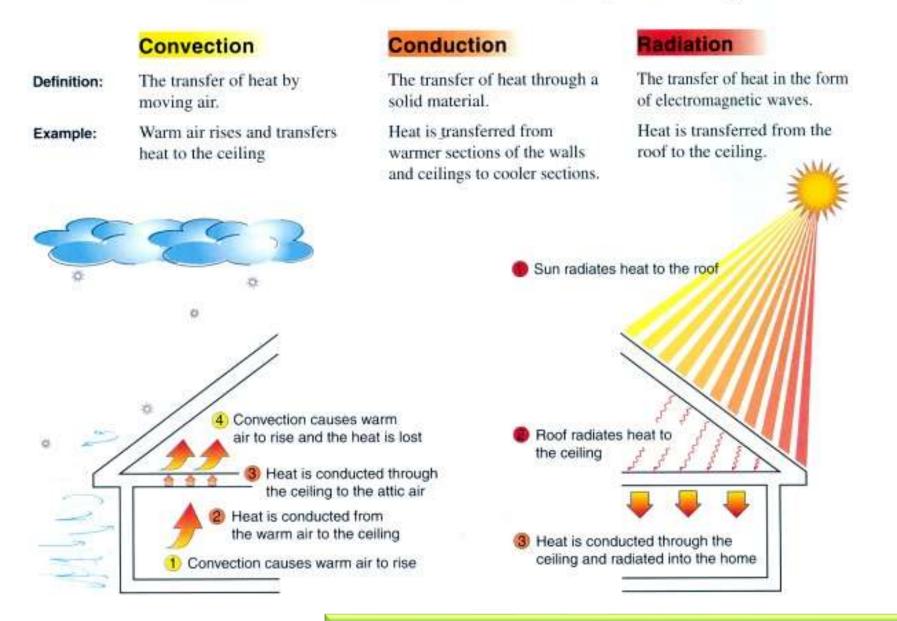


Heat Gain and Heat Loss

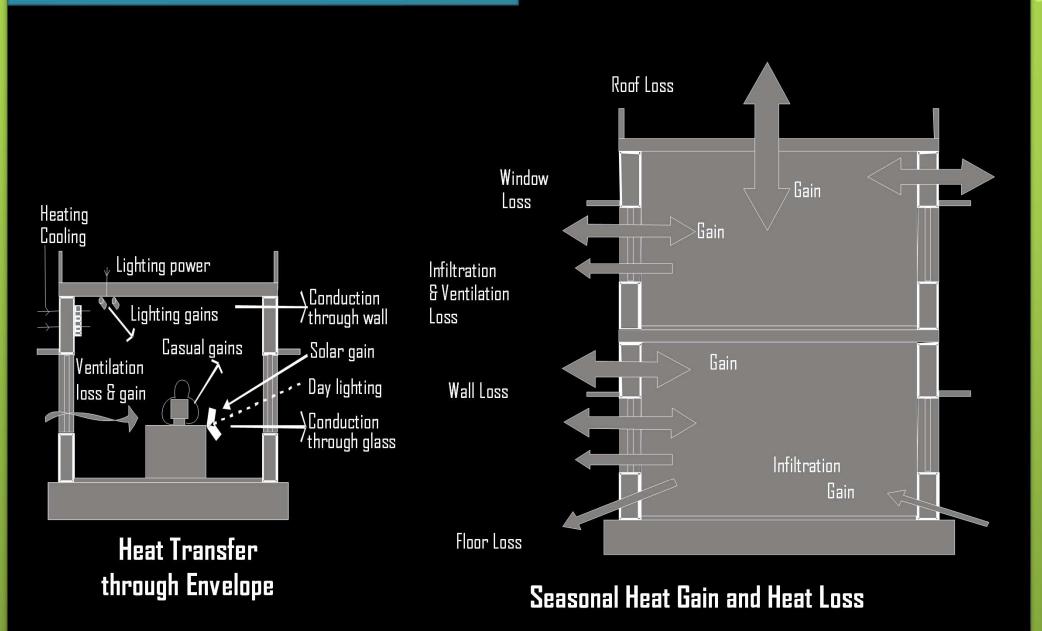
- Heat tends to flow from higher temperatures to lower temperature zones by conduction, convection and radiation
  - The rate of heat flow by any of the three forms is determined by the temperature difference between the two zones or areas considered. The greater the temperature difference, the faster the rate of heat flow

#### Heat transfer in buildings

#### Your Home Loses and Gains Heat in 3 Ways



### Heat flow in buildings



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Mode of Heat Transfer	Affected By	ECBC's role in regulating Heat Transfer
CONDUCTION	Thermal Properties of Materials & Effectiveness of Insulation	U-factors/ R-values of roofs & walls
CONVECTION	Air movement at the surface	Building Envelope Sealing Requirements
RADIATION	Indirect and direct solar radiation	<ul><li> R-values of roofs &amp; walls</li><li> Cool Roofs</li></ul>

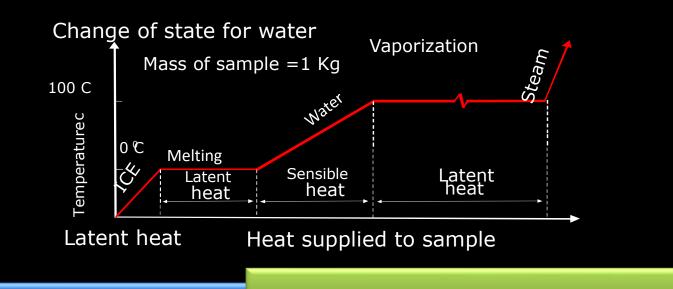
#### Sensible & Latent heat

#### Sensible Heat

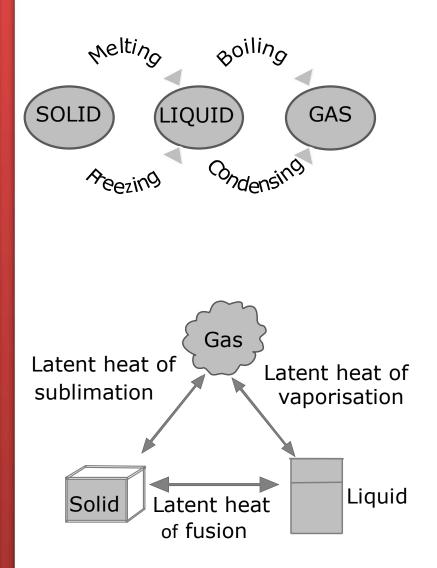
 Heat that results in a temperature change is said to be "sensible" and sensed by humans

#### Latent Heat

- Latent Heat is the energy needed to change a substance to a higher state of matter
- No temperature change and thus no change in the kinetic energy of the particles in the material

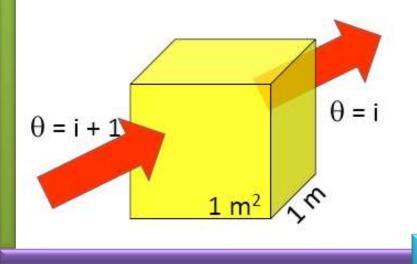


## Change of State



- Science: Change in the physical state of a material (solid, liquid, or gas)
- State change occurs at a constant temperature but still entails the movement of energy
- Ex. Evaporation absorbs energy and condensation releases energy
  - It involve the absorption or release of heat energy, called latent heat, without change in temperature of the material

## • Thermal conductivity in W/m K



#### Thermal conductivity of various materials

Material	l [W⋅m <sup>-1</sup> ⋅K <sup>-1</sup> ]
Brick	0.6
Concrete	1.7
Granite	3.5
Gypsum	0.22
Iron	84
Light-weight concrete	0.14
Mineral wool	0.04
Wood	0.14

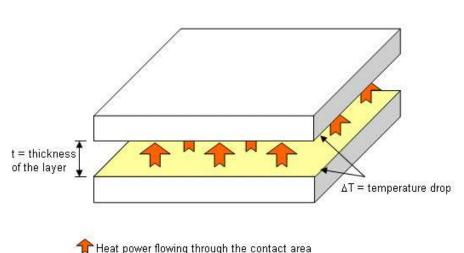
#### Thermal Resistance

- The value of the thermal resistance is the temperature difference across the material required to produce one unit of heat flow per unit area
- Unit : m<sup>2</sup>-K/W

#### Air Space Resistance

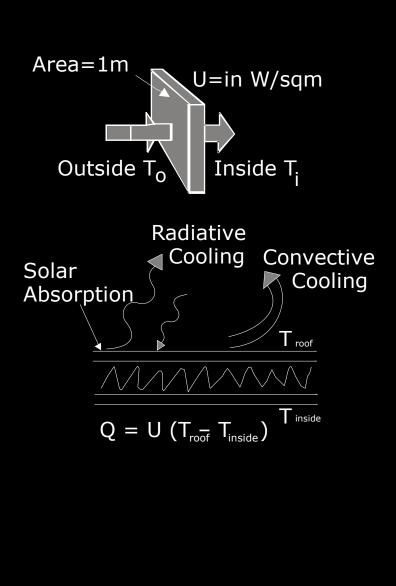
Factors that affects air-surface resistance:

- Thickness of the airspace
- Flow of air in the air-space
- Lining of air-space (normal/reflected)



Surface area of the contact

#### Thermal Transmittance



- Thermal transmittance from thermal resistance can be expressed as
  - U = 1 / R where
  - U = thermal transmittance (W/m<sup>2</sup> K)
  - R = thermal resistance (m<sup>2</sup> K/W)
  - Overall thermal transmittance can be expressed as  $U = 1 / (\Sigma R)$

Туре	U-factor (W/m²-°K)	U-factor (Btu/h-ft²-°F)
RCC slab with mud phuska and clay tiles	2.797	0.493
RCC slab with foam concrete or perlite	0.069	0.012
Inverted clay/pots with mud phuska	2.244	0.396

- Taking case of RCC with mud-phusca
- Default U=2.797, Target U=0.261 (e.g. call centre/IT/hotel building)
- $R_{assembly} = R_{roof} + R_{insulation}$
- $(1/0.261) = (1/2.797) + R_{insulation}$
- $R_{insulation} = 3.47, R_{insulation} = L/k$
- $K_{perlite} = 0.04W/mK$ , L= 0.14m
- $K_{PUF} = 0.03, L = 0.1m$
- K<sub>air</sub> = 0.024, L = 0.08m, (caution!!! Insulation of air cavity does not increase linearly for ever)

Туре	Description	U-factor (W/m²-°K)	U-factor (Btu/h-ft²-°F)
Mass single wall	Single wall with no insulation, plaster on both sides	1.99	0.351
Mass double wall	Double brick wall with air gap	1.23	0.216
Curtain wall	Curtain wall	2.11	0.371

- Double brick wall with air gap is not sufficient
- Taking case of single brick wall
- Default U=1.99, Target U=0.44)
- $R_{assembly} = R_{wall} + R_{insulation}$
- $(1/0.44) = (1/1.99) + R_{insulation}$
- $R_{insulation} = 1.77, R_{insulation} = L/k$
- $K_{hardboard} = 0.16W/m-K, L = 0.28m$
- $K_{PUF} = 0.03, L = 0.05m$
- $K_{air} = 0.024, L = 0.04m$

- It is the resistance is offered by a thin layer of air film separates the body from the surrounding air.
- The measure of this phenomenon is the 'surface or film resistance' expressed in units of resistance and reciprocal of it being filmconductance (f) with units W/m<sup>2</sup> <sup>o</sup>C.





## Surface Conductance

• If the layer of air on both sides of wall is considered as per the concept of surface conductance, heat transfer from air on one side to air on other side takes place. Hence the overall 'air-to-air resistance (R)' will be the sum of the body's resistance and the surface resistance on both sides of wall:  $R = 1/f_0 + R_b + 1/f_i$ 

The value of surface or film conductance (f) is a function of surface qualities such as smoothness and of the velocity
 1/fo is film resistance on outer side of wall



**1/f**ils film resistance on inner side of wall

 $R_{b}\,$  is the resistance of wall or body

unit m² K/W.

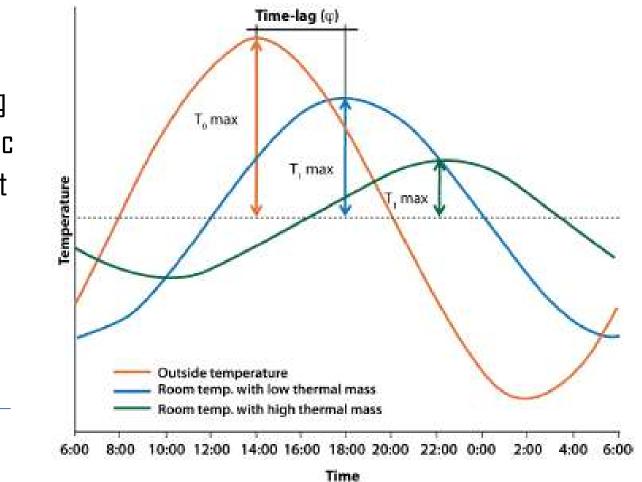
## Transient behavior of building

 Each particle of the wall material absorbs certain amount of heat depending upon its mass and specific heat jointly known as heat capacity.

Decrement factor  $\mu =$ 

Ti max.

T max.



## $[l = U \land [(Tm - Ti) + \mu (T \varphi - Tm)]$

q is momentary heat transfer rate in W
A is area in m<sup>2</sup>
U is U-value in W/m<sup>2 O</sup>C

**Tm** is daily mean outdoor temperature

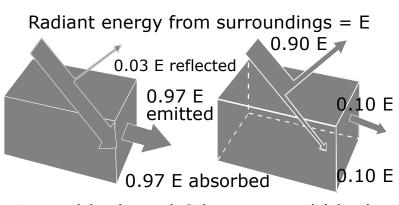
Ti is indoor temperature (assumed to be constant)

 $\pmb{T}\pmb{\varphi}$  is outdoor sol-air temperature  $\phi$  hours earlier than the time of investigation

 $\boldsymbol{\mu} \text{ is decrement factor}$ 

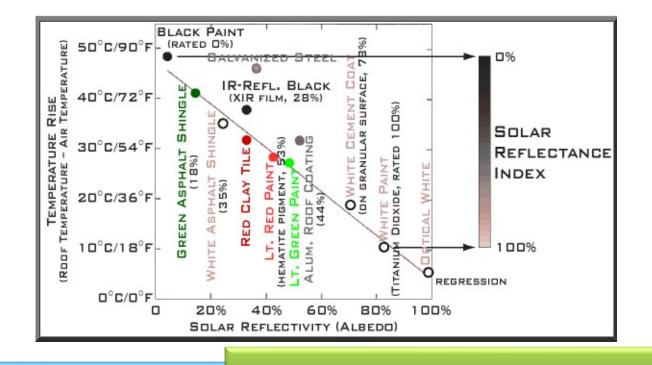
 $\phi$  is time lag in hours

#### Emissivity



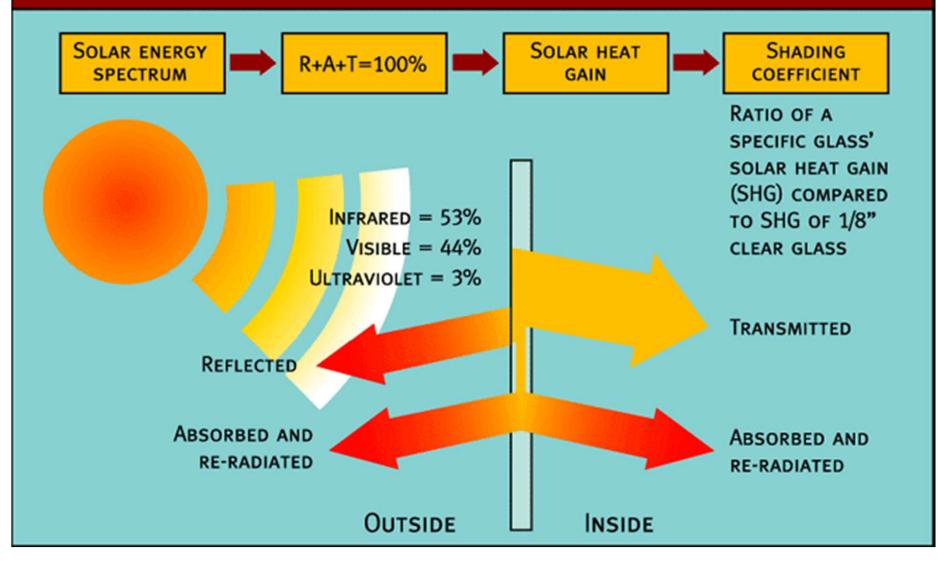
Lampblack and Silver coated block

- The ratio of the radiant energy emitted from a surface at a given temperature to the energy emitted by a black body at the same temperature
- The lower the emissivity rating, the better the insulation characteristic



#### **Transparent Components**





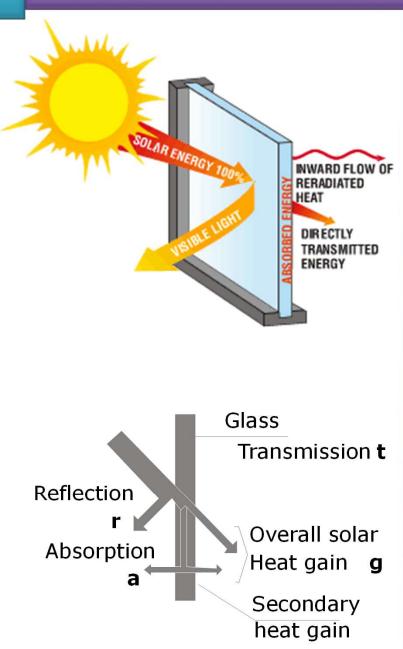
## Solar Heat Gain Coefficient

#### Solar Heat Gain

 Heat gain from the sun, entering a room through transparent surfaces (kW/m<sup>2</sup>)

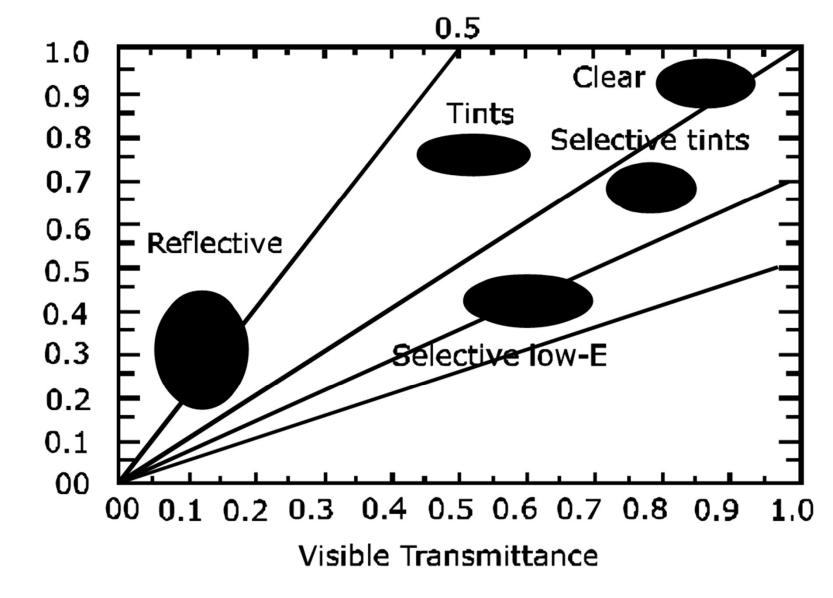
#### Solar Heat Gain Coefficient

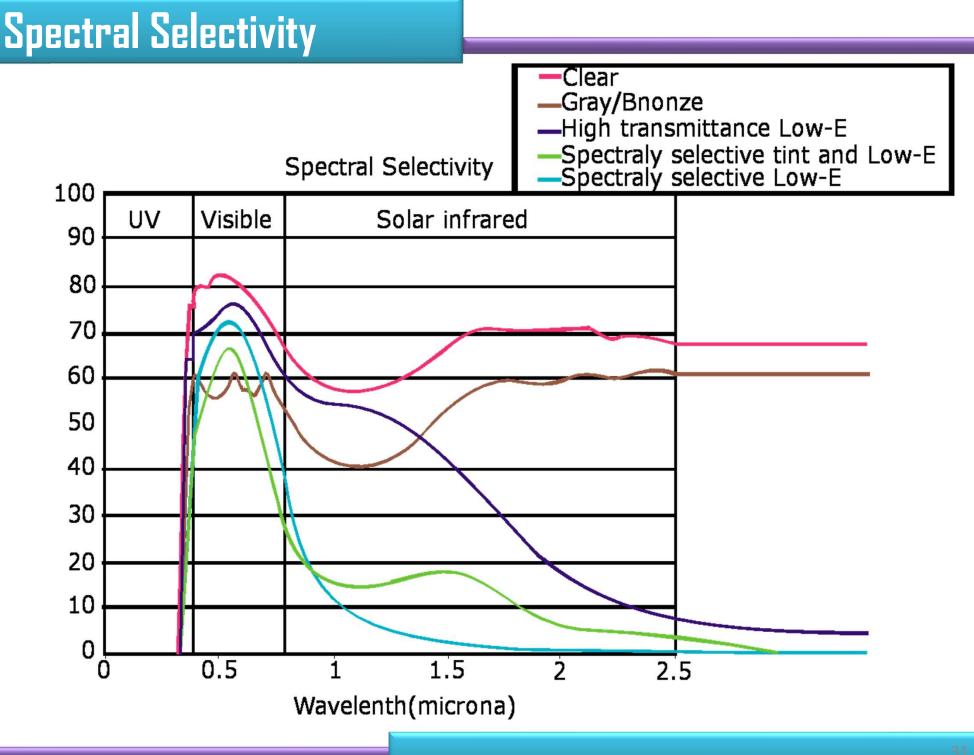
- The percentage of solar energy directly transmitted or absorbed and re-radiated into a building
- Ratio of the sum of directly transmitted solar radiation and the amount of absorbed radiation entering the space through a window to the external solar radiation



## SHGC vs VLT

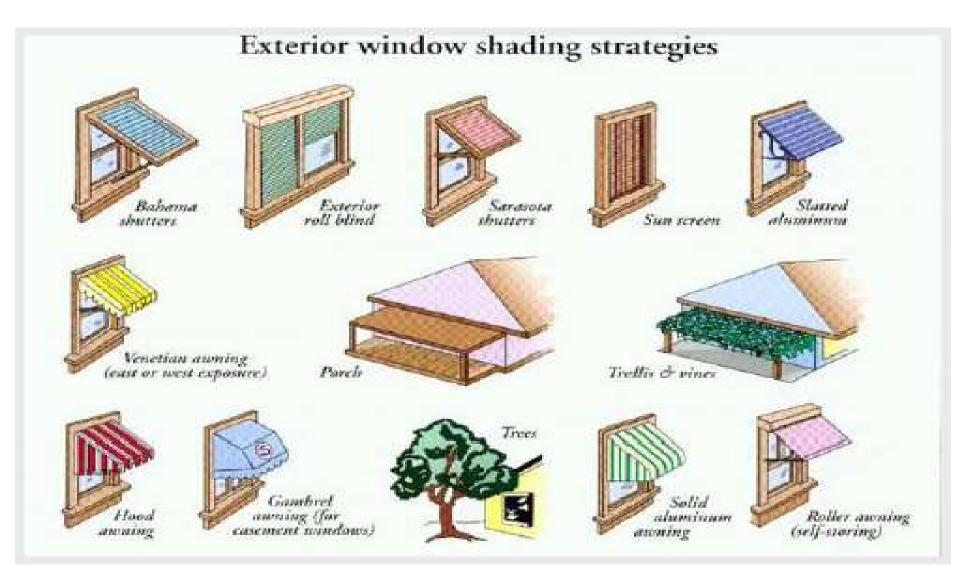
Shading Coefficient





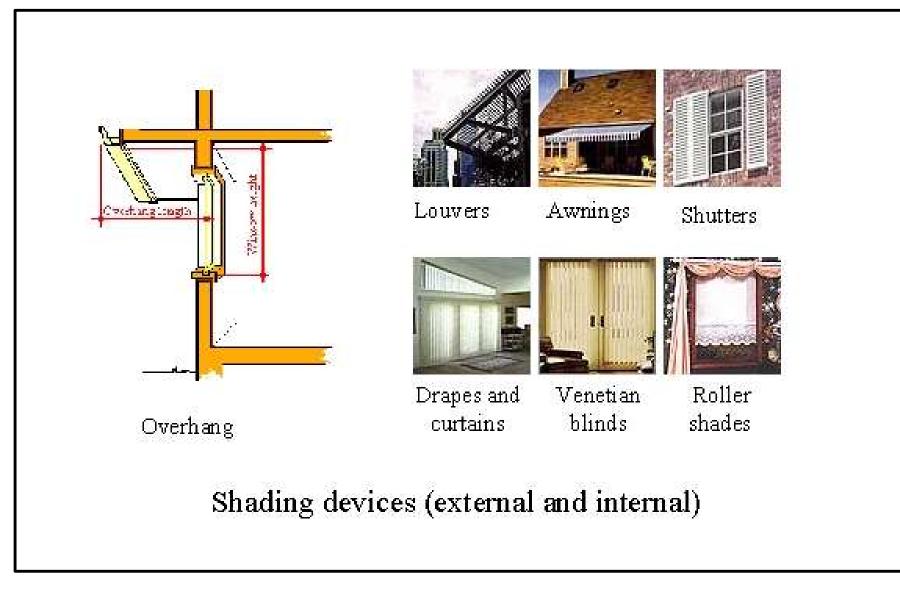
#### **Effective SHGC**

#### Same glass but different SHGC

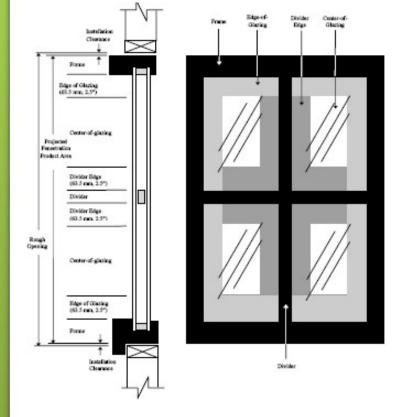


## **Effective SHGC**

#### Same glass but different SHGC



#### **U** value of Fenestration

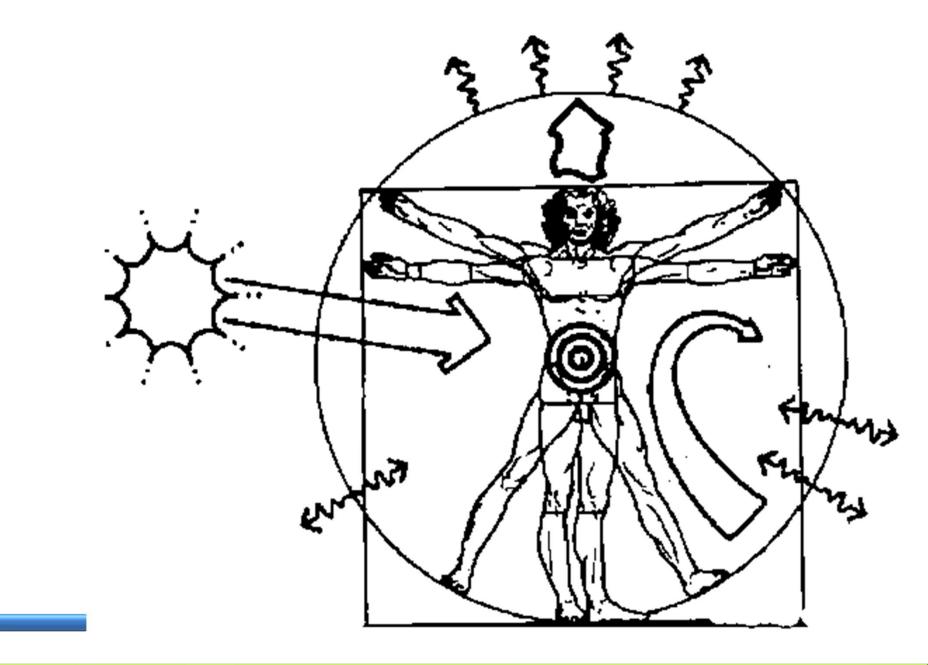


#### **Total Product U-factor**

- Insulating values of the glazing assembly
- The edge effects in the IG Unit
- The insulating value of the frame & sash

#### **Center-of-Glazing U-factor**

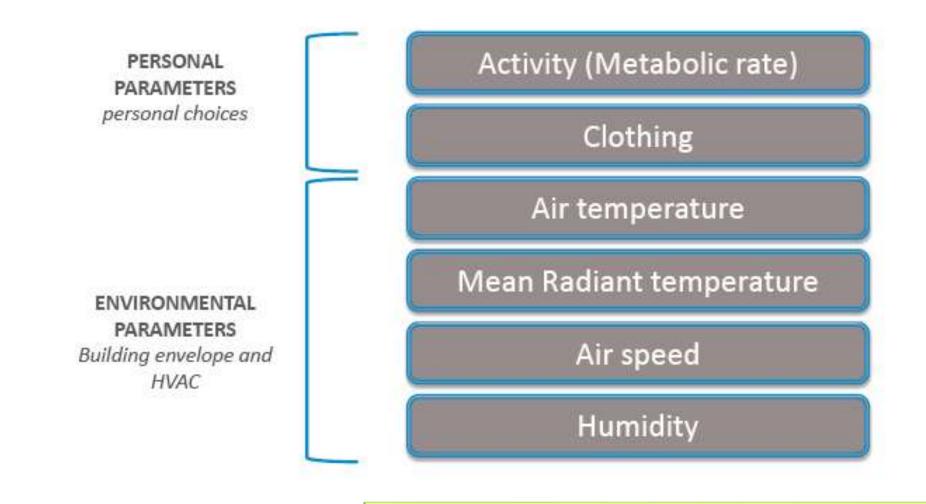
- Total number of glazing layers, the dimension separating the various layers of glazing,
- Type of gas that fills the separation, Characteristics of coatings on the various surfaces.



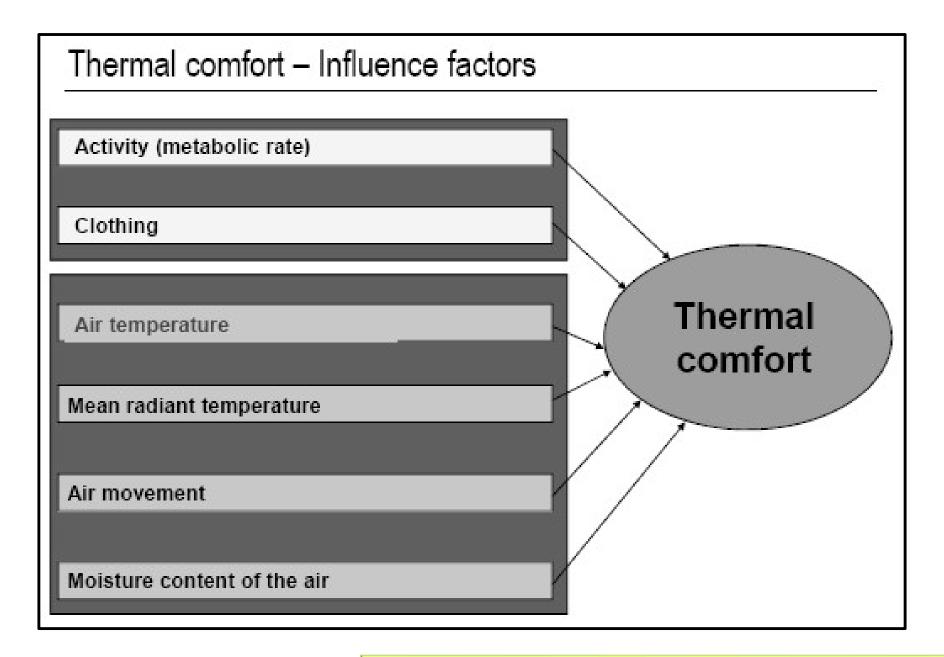
# Thermal Comfort...

## Thermal Comfort

 That condition of mind which expresses satisfaction with the thermal environment and is assessed by subjective evaluation"



#### **Comfort Parameters**



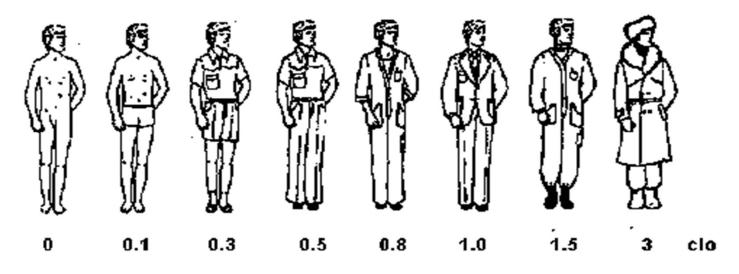
# Activity 3 5 10 km/h4 4 2 3 8 met

- M(metabolic rate): the rate of transformation of chemical energy into heat and mechanical work by metabolic activities within an organism, usually expressed in terms of unit area of the total body surface or met units
- 1 met = 58.2 W/m2, which is equal to the energy produced per unit surface area of an average person, seated at rest

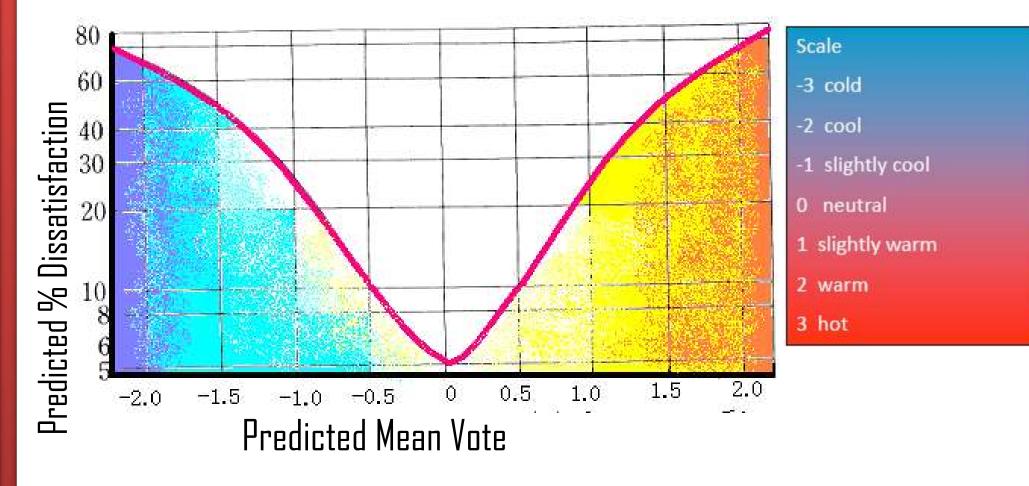
## Clothing

- clo: a unit used to express the thermal insulation provided by garments and clothing ensembles
- 1 clo = 0.155 m2 K/W

Ensemble Description	I <sub>ci</sub> (Clo)
Trousers + short-sleeved shirt	0.57
Long-sleeved coveralls + T-shirt	0.72
Sweat pants + sweat shirt	0.74
Trousers + long-sleeved shirt + suit jacket	0.96
Insulated coveralls + long-sleeved thermal underwear (+ bottoms)	1.37



### PMV & PPD



#### Radiative temperature

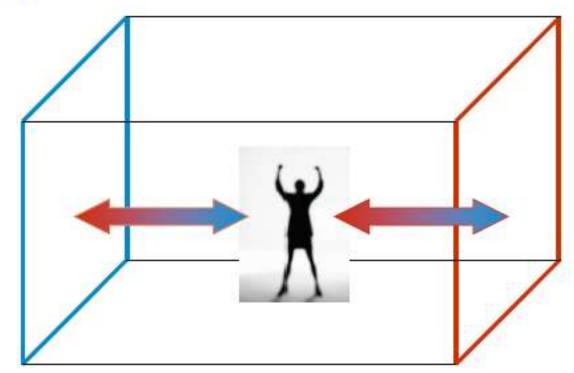
#### Radiation exchange

 $\theta_{\rm U}$  mean radiant temperature (MRT)

Rough approximation:

 $\theta_{U} \approx \frac{(\sum A_{i}\theta_{i})}{\sum A_{i}}$ 

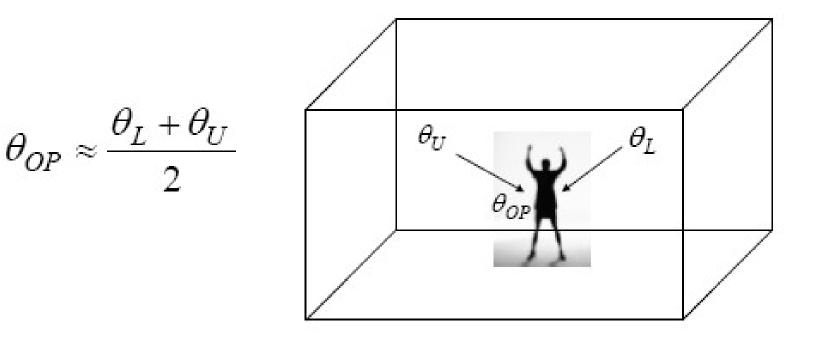
θ Surface temperature
 A Area



#### **Operative Temperature**

#### Operative Temperature (dry resultant or perceived temperature)

- $q_L$  Air temperature
- $\mathbf{q}_{\mathrm{U}}$  Mean radiant temperature







Ministry of Housing and Urban Affairs Government of India



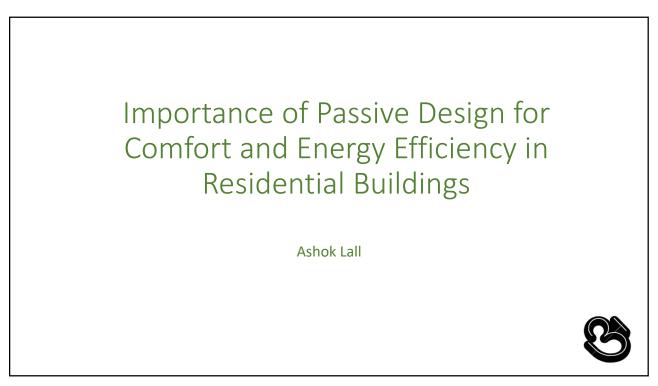


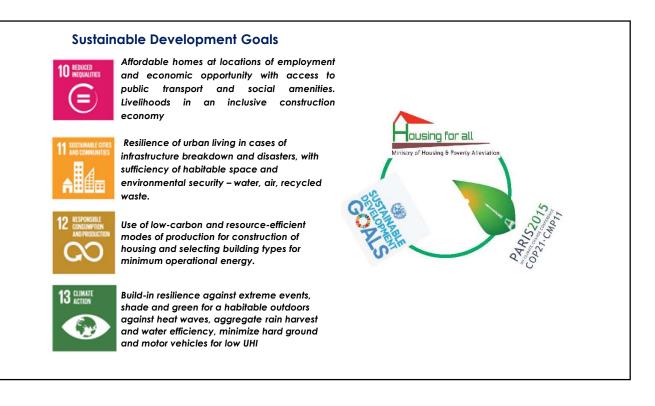
## Thank you



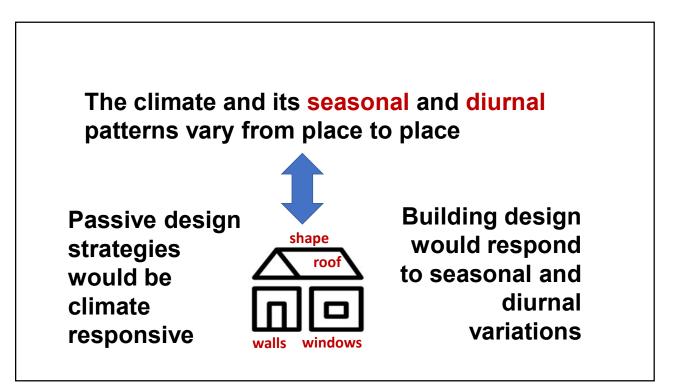


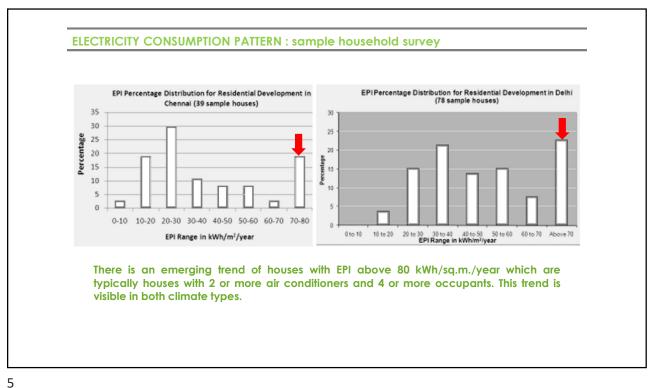


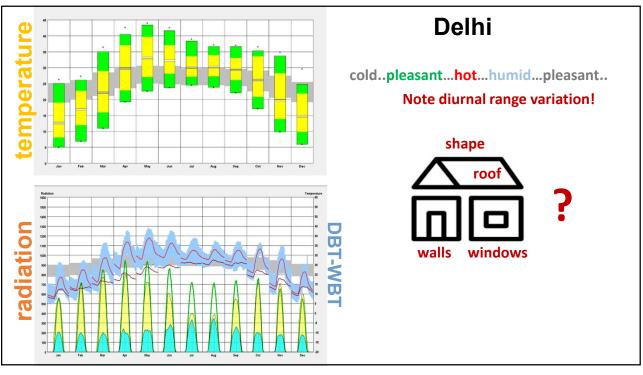




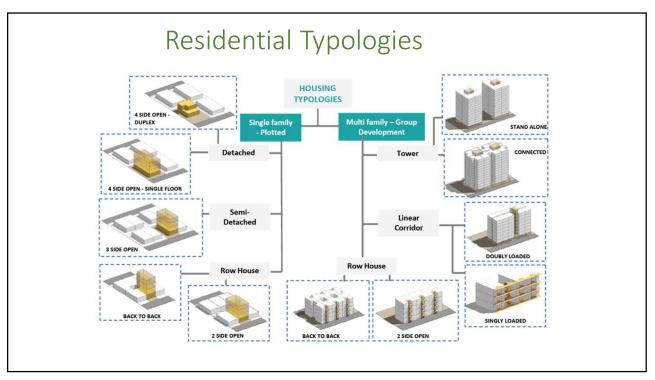


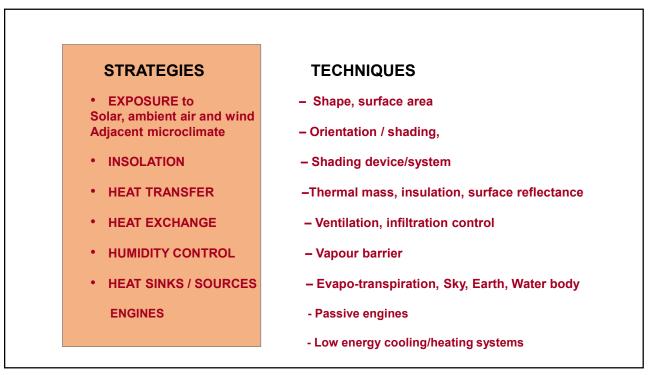


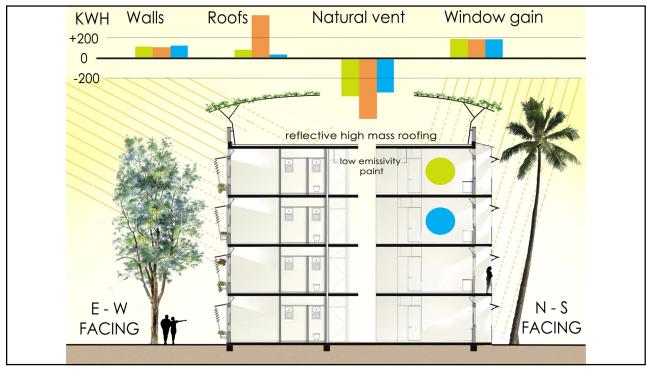


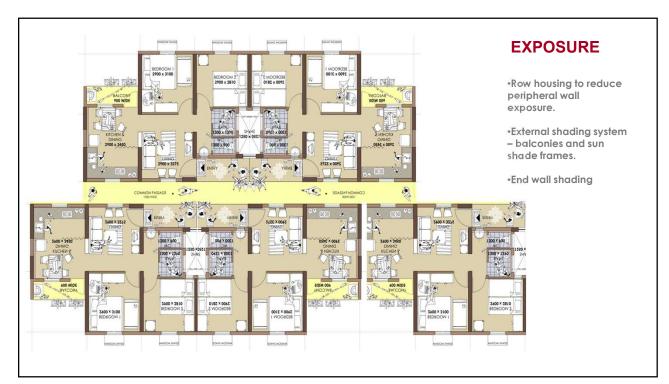


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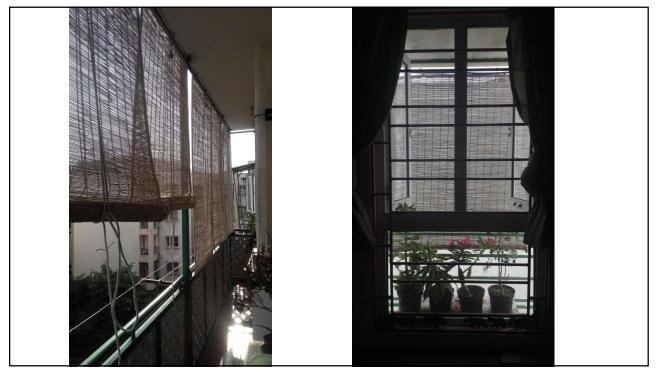




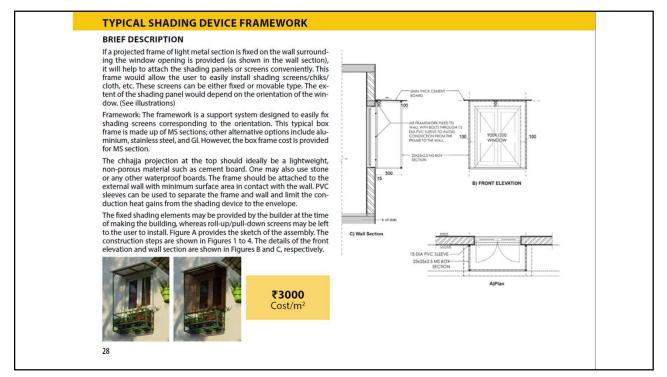


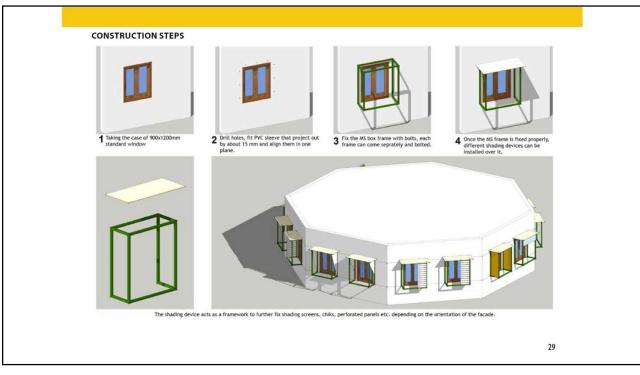
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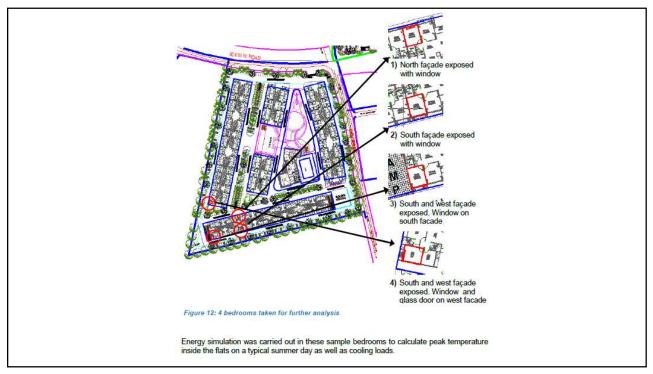


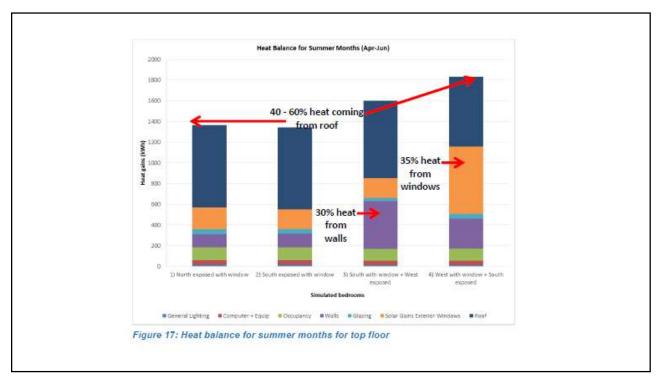


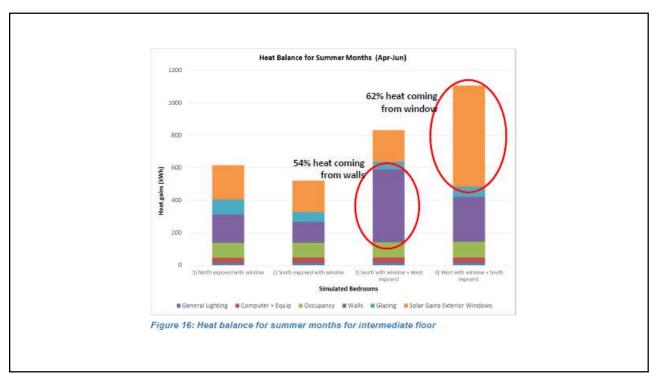


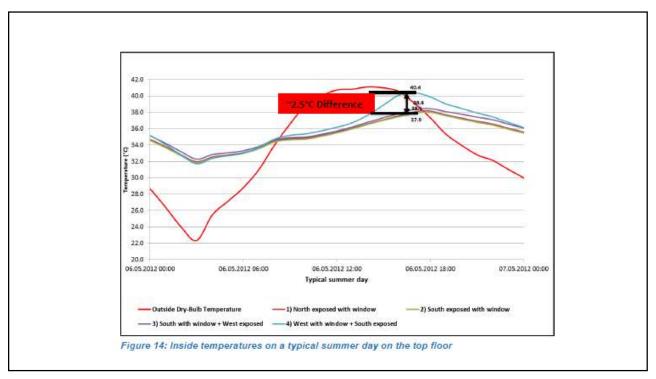


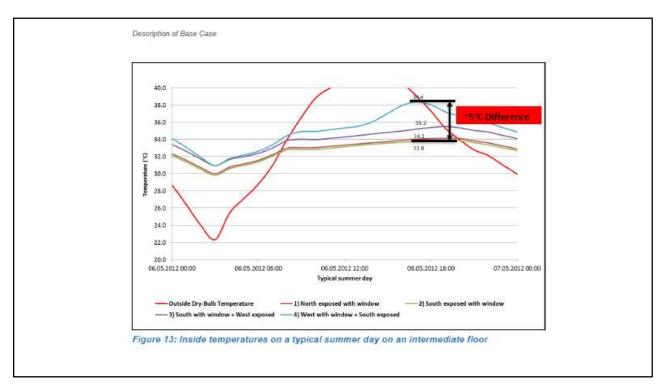










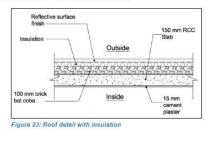


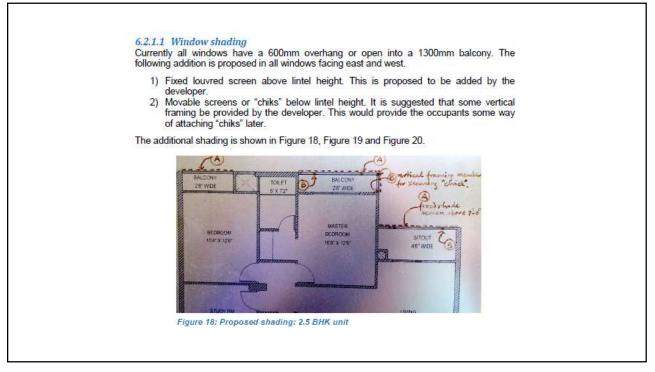
6.2.1.4 Insulated walls: AAC blocks The analysis of the base case also showed that the exposed walls facing the west also allow significant heat gains into the building. Using insulating walling material will reduce the transfer of heat through walls. Autoclaved Aerated Concrete (AAC) Blocks are good insulating material. They are also lightweight, reducing boad on the structure and thus reducing the structural steel requirement.

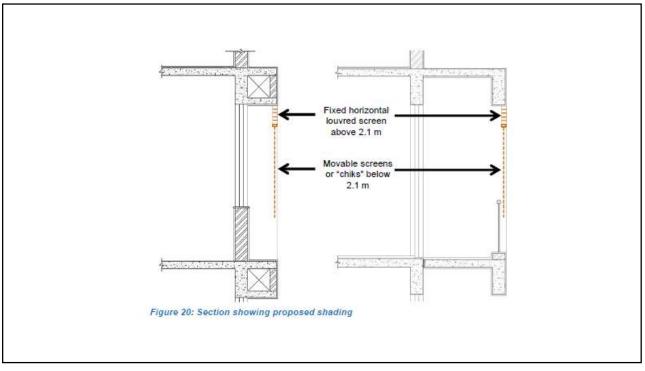


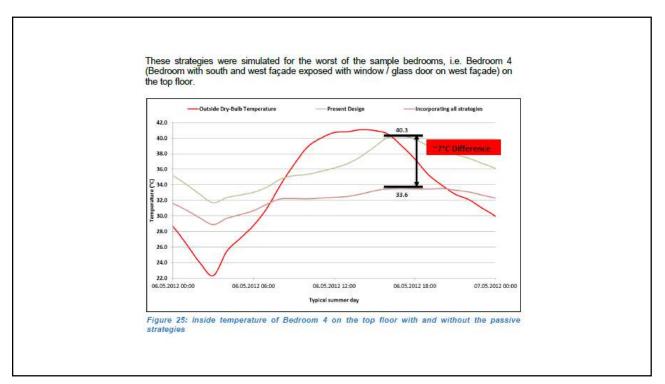
Constructing with AAC blocks requires skilled labour and careful handling of the blocks. Some care also needs to be after building occupation. AAC blocks must be procured from known and reliable manufacturers.

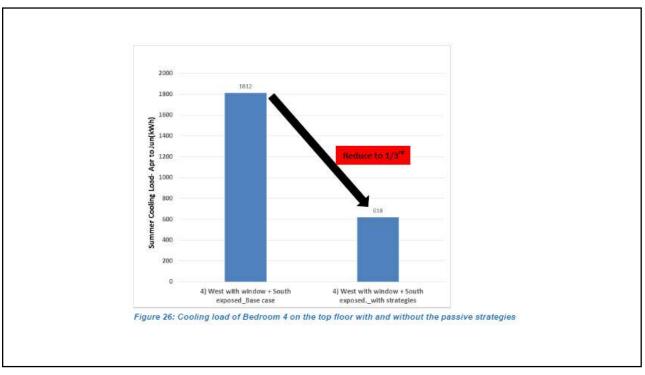
6.2.1.5 Roof insulation For the top floor, the highest heat gains are from the roof. It is thus very important to insulate the roof and this leads to considerable reduction in inside temperature for the top floor. Figure 23 shows the detail of the roof with insulation.

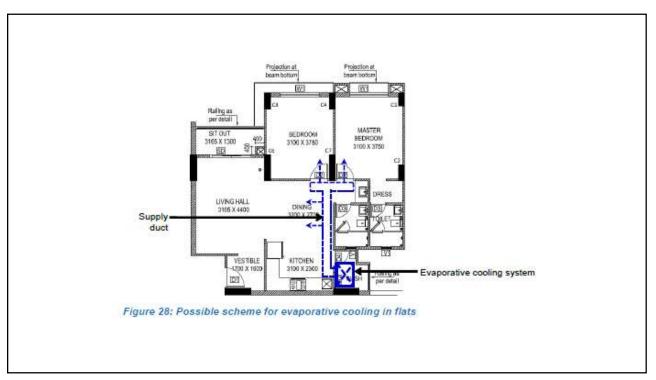


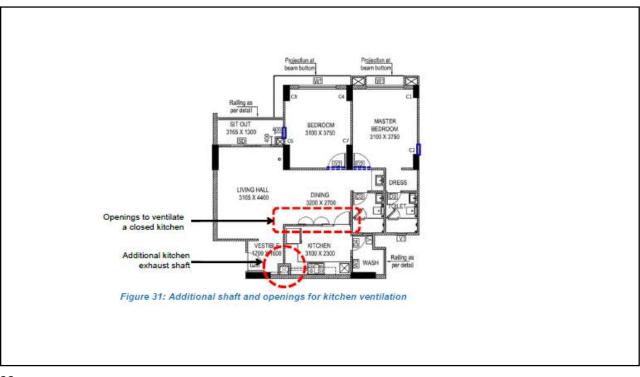




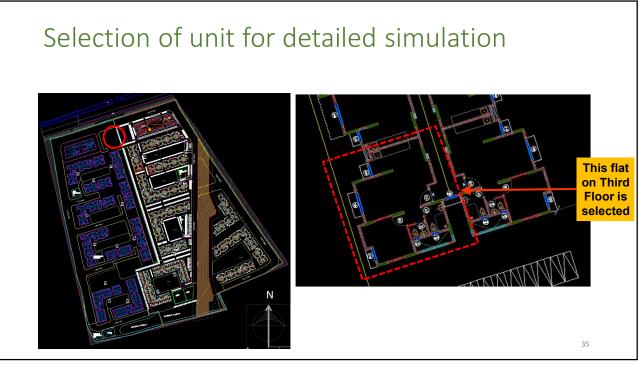


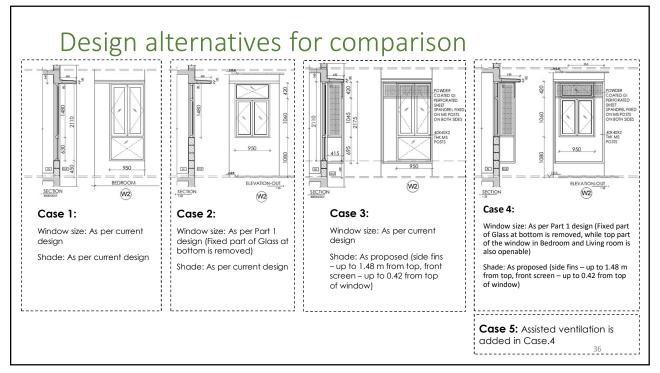


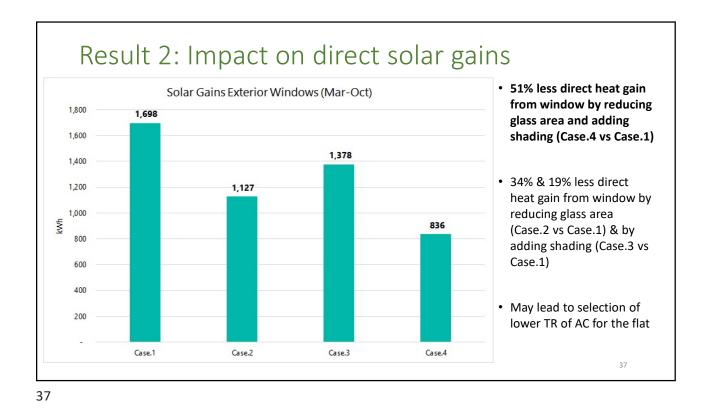


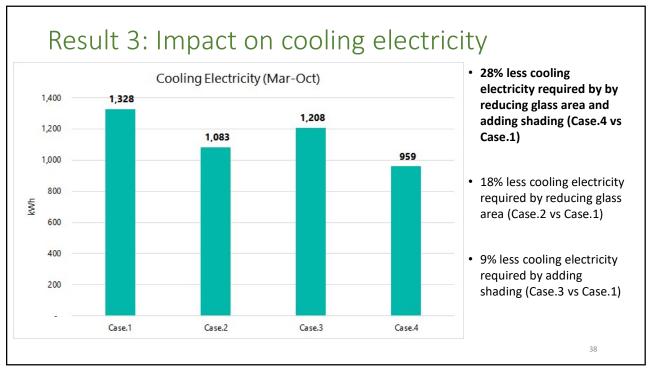


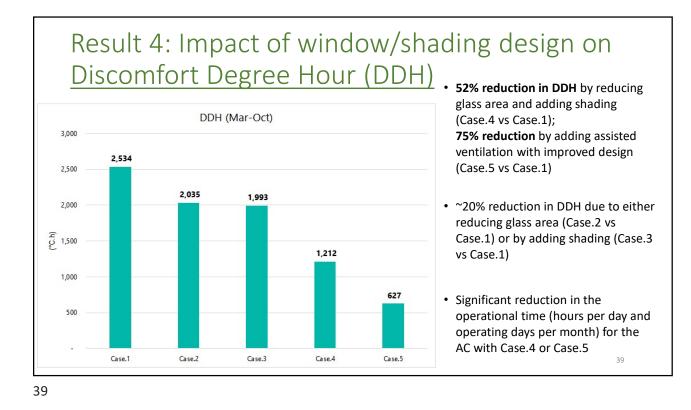


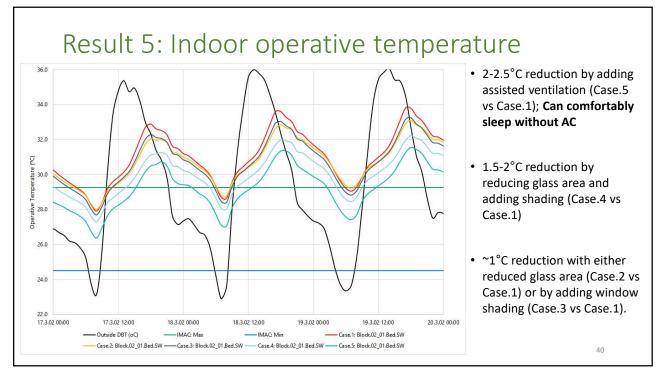


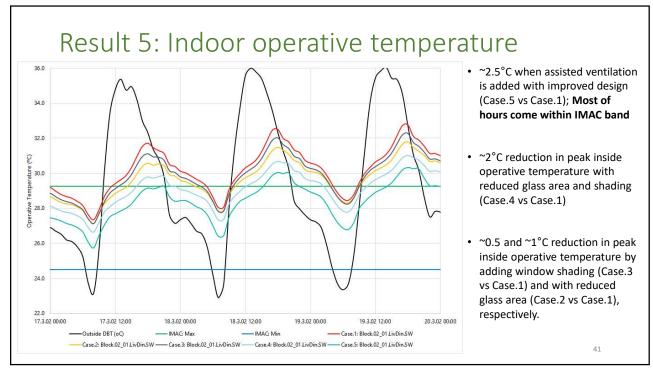




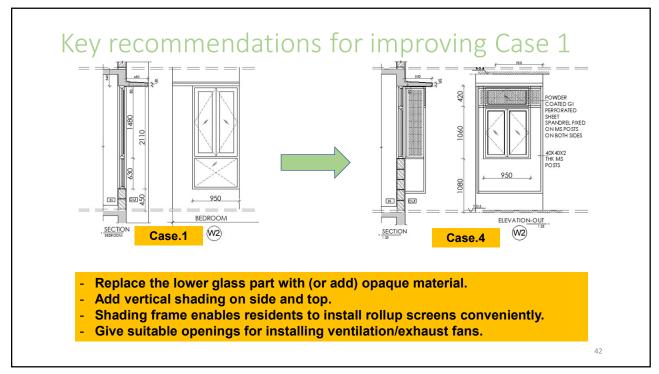


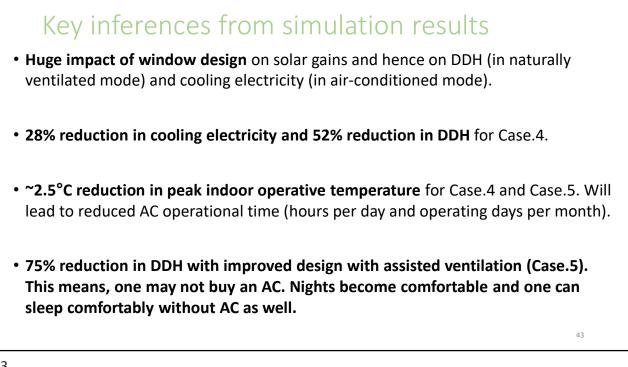




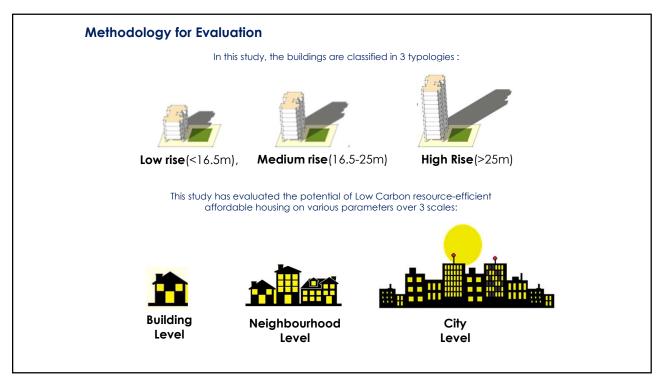


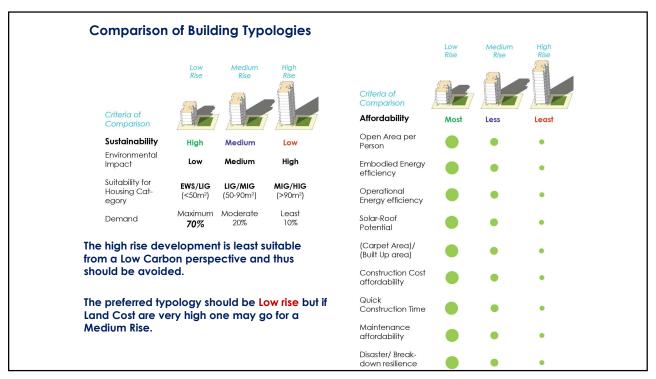


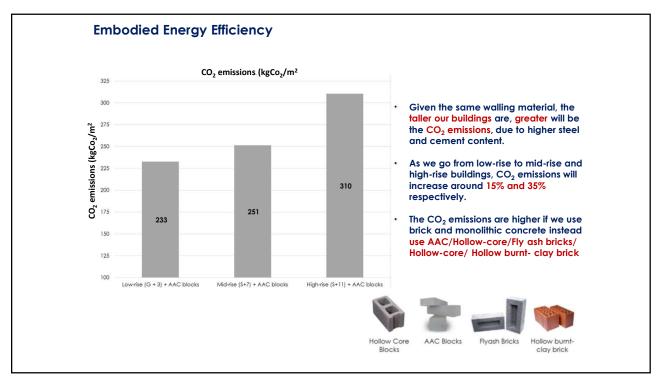


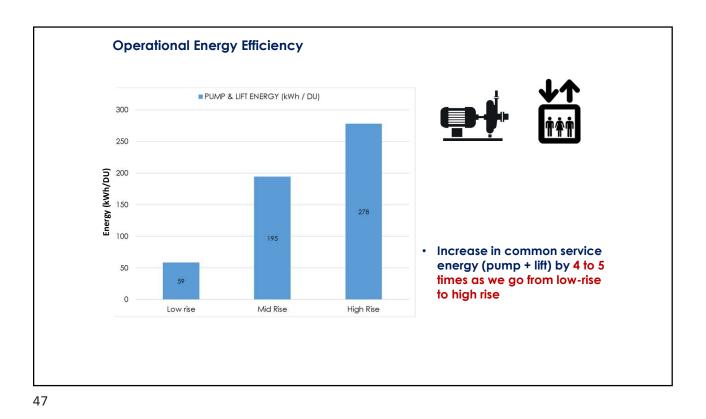




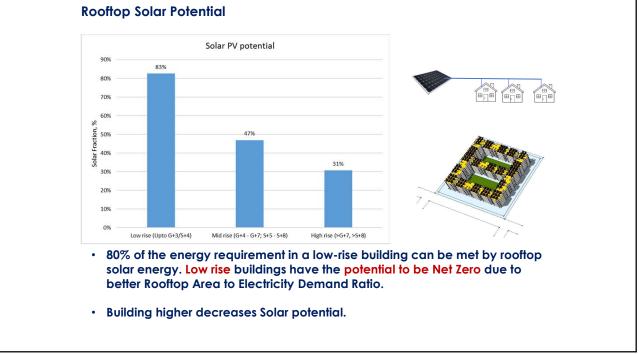


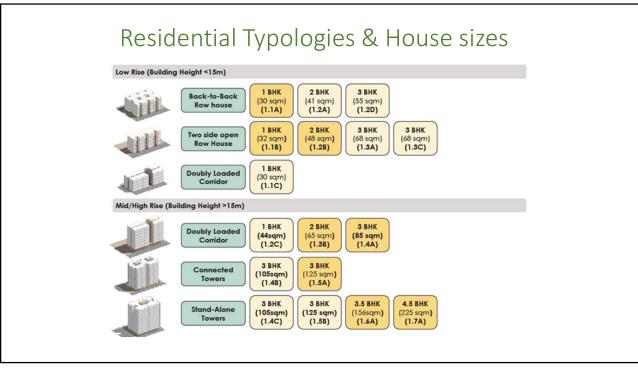


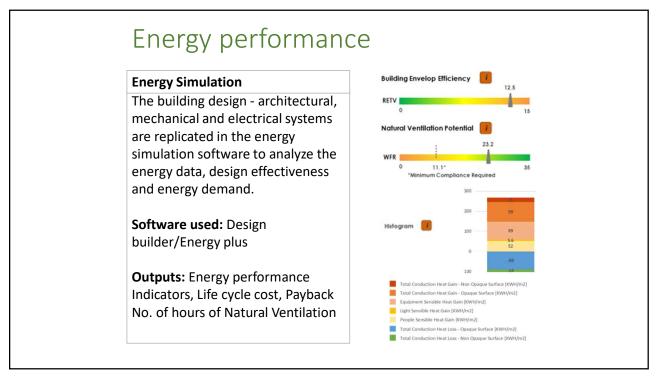


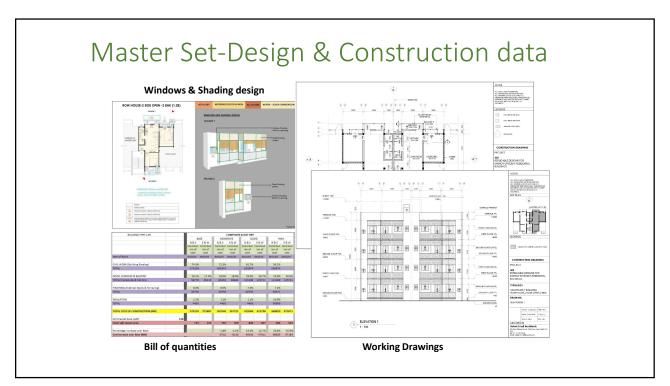










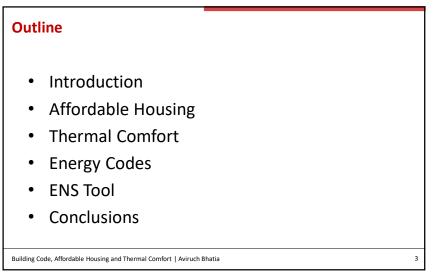


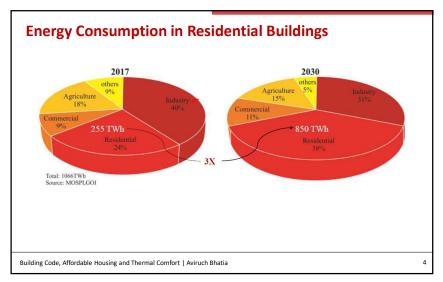




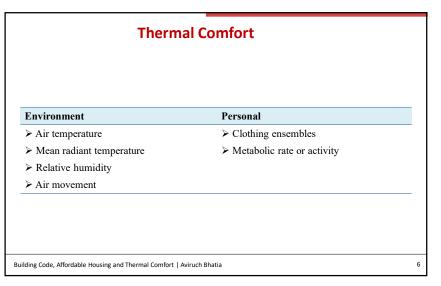


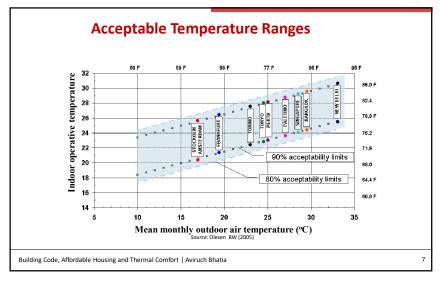




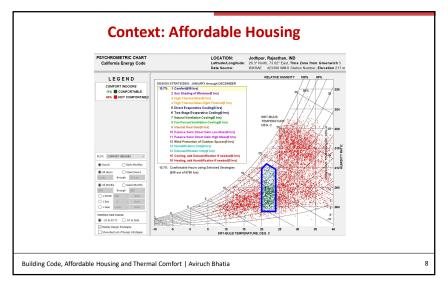




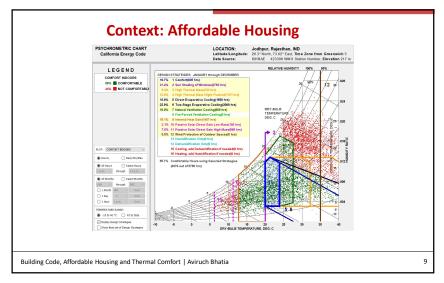


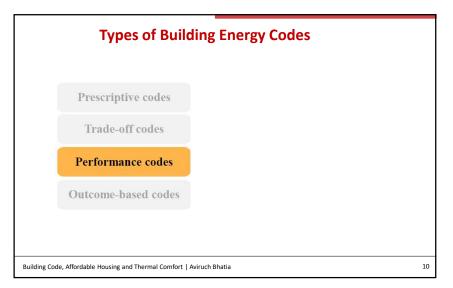




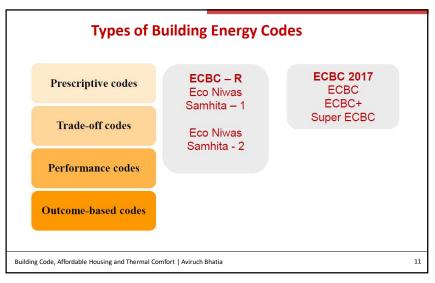


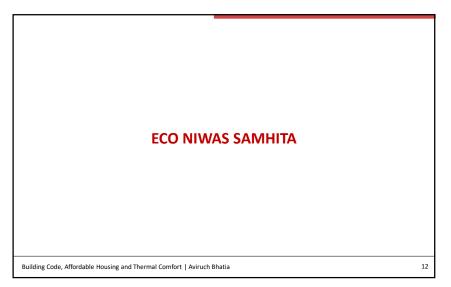




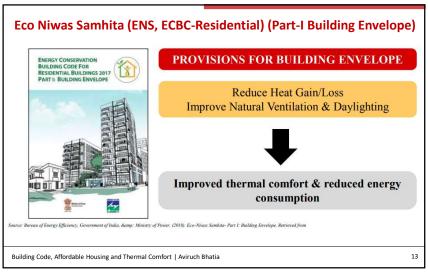




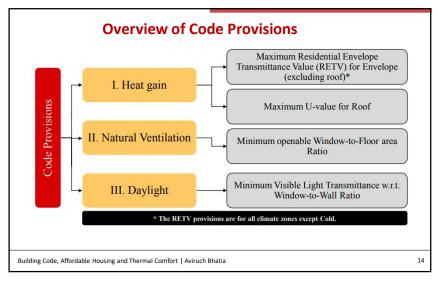




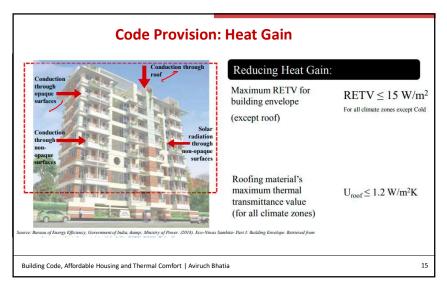




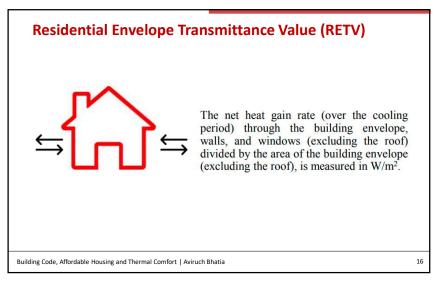




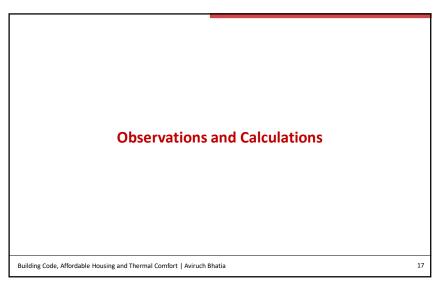


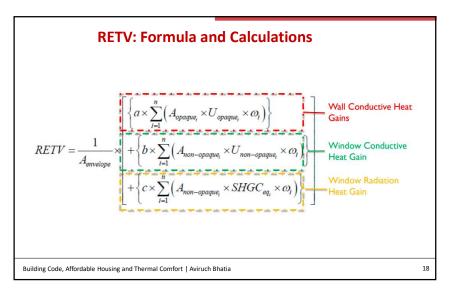




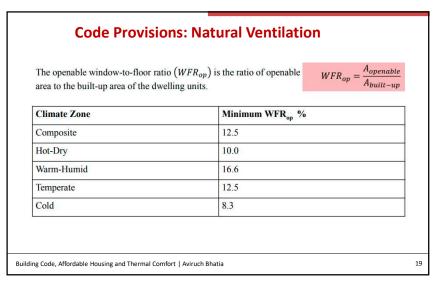




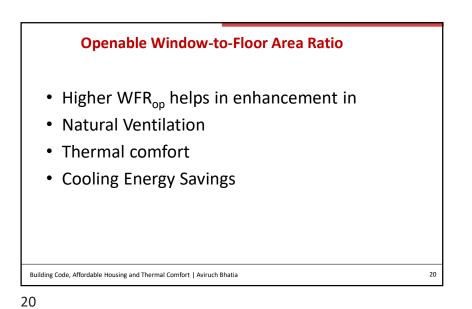


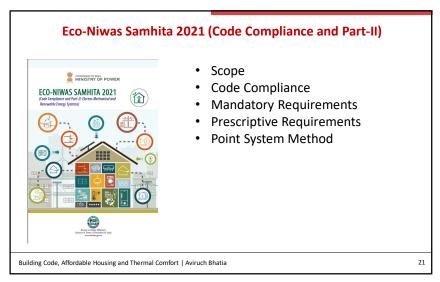




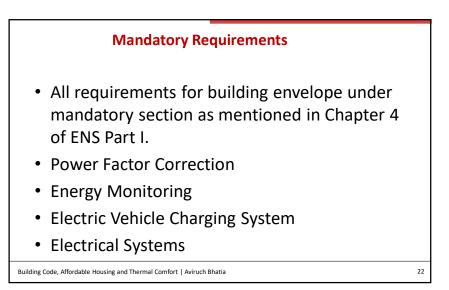






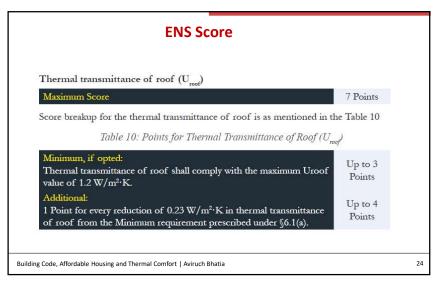




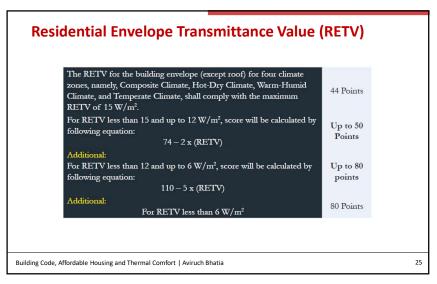


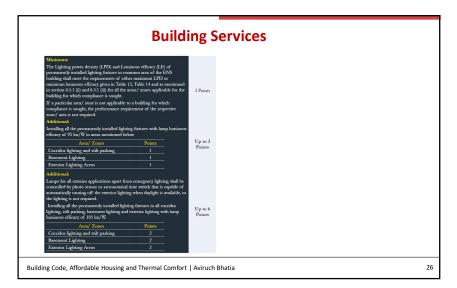


	Point System Method							
Section	Components	Minimum points	Additional Points	Maximum Points				
6.4	Building Envelope							
	Building Envelope	47	40	87				
6.5	Building Services							
	Common area and exterior lighting	3	6	9				
	Elevators	13	9	22				
	Pumps	6	8	14				
	Electrical Systems	1	5	6				
6.6	Indoor Electrical End-Use							
	Indoor Lighting		12	12				
	Comfort Systems		50	50				
	ENS Score	70	130	200				
Section	Components	Minimum Points	Additional Points	Maximum Points				
6.7	Renewable Energy Systems							
	Solar Hot Water Systems		10	10				
	Solar Photo Voltaic		10	10				
	Additional ENS Score		20	20				

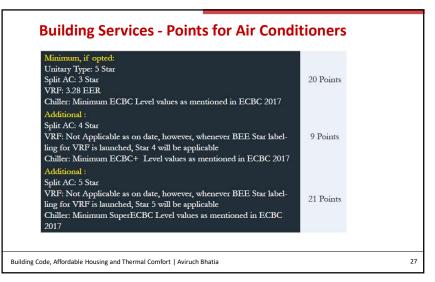




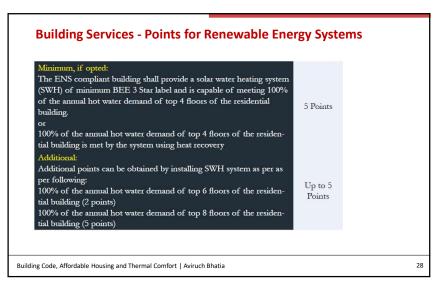


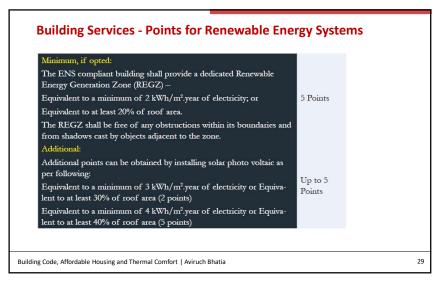




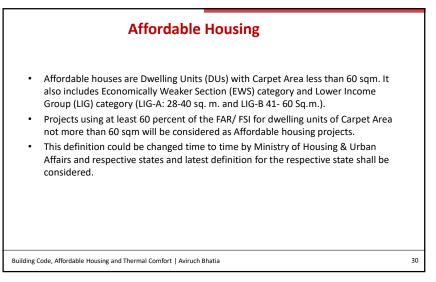




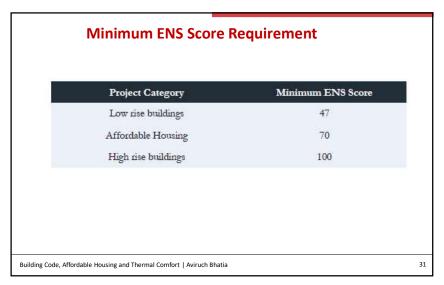


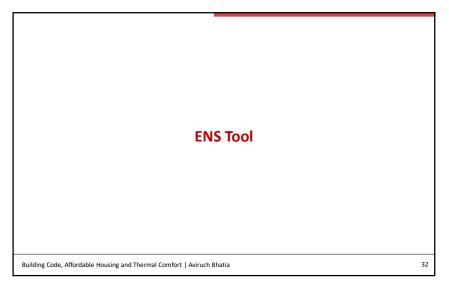




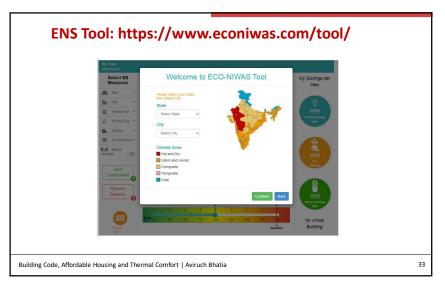


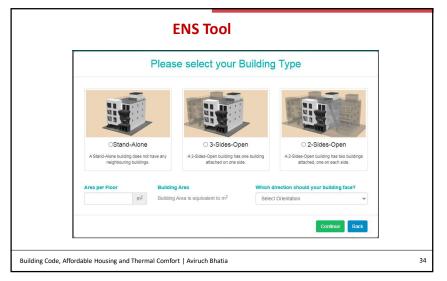




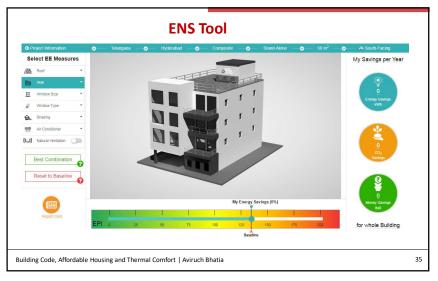


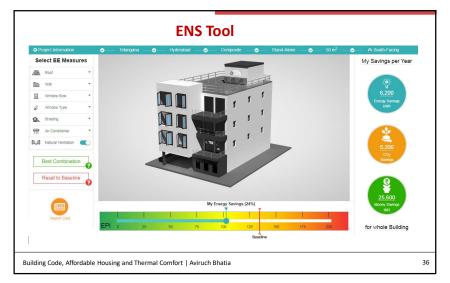




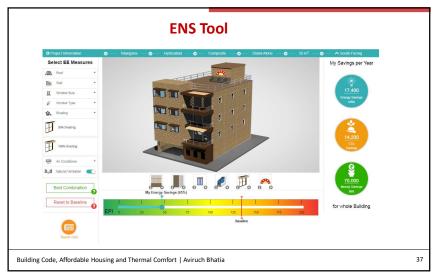


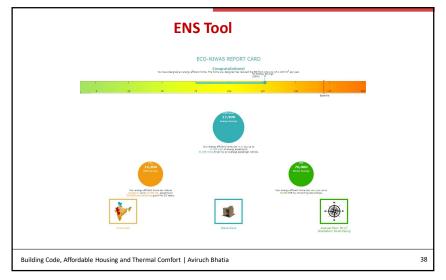




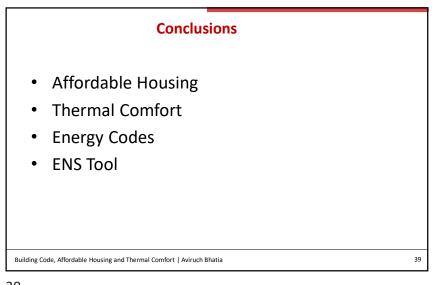


















### Contents

 $\boldsymbol{\boldsymbol{\ast}}$  Building Materials in affordable

#### houses

- Background
- > Building materials
- Key approaches
- Method of construction for affordable housing
- Case studies







### **Materials with Recycled Content**

Use materials with recycled content such that the total recycled content constitutes atleast 15% of the total cost of the materials used in the project.

% of materials with recycled content	
≥15%	
<u>≥</u> 25%	

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Material Cost= Total Cost – Labour + Installation Cost

#### Typical Materials with High Recycled Content

Materials	% Recycled content
Fly ash blocks	30-40
Glass	10-15
Ceramic tiles	20-30
MDF	30-50
Steel	25
Cement	20-30





Bamboo Flooring

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## **Local Materials**

 Encourage the use of building materials available locally to minimise the associated environmental impacts

Percentage of local materials sourced

<u>≥</u> 50%

<u>></u> 75%



### **Local Materials**

 Ensure that atleast 50% of the total factory building materials by cost used in the factory building are manufactured within a radius of 400 Km.

Product name	Vendor	Product Cost (Rs)	Distance between project & manufacturer (Mm)	Local Materials information source	
iteel		852,059,970		Letter	
Cement		240,242,518	392	Letter	
W ash Bricks		204,206,140	50	Letter	
Sand		102,103,070	47	Letter	
Stope		71,472,349	47	Letter	
Salvanum Sheet		25,805,120	440	Letter	
Puff Panels		77,424,361	440	Letter	
Total cost of materials manufactured to	cally (Rs.)	1,565,546,528			
Total Materials cent					
Percentage ill local materiats		88.36			

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## **Material Reuse**

Encourage the use of salvaged building materials and products to reduce the demand for virgin materials to minimize the impacts associated with extraction and processing of virgin materials.

Percentage of salvaged materials used
≥ 5 %

<u>≥</u> 10 %

Salveged Door



# Material Reuse-Salvaged Materials





#### Certified Wood / Rapidly Renewable Building Materials and Furniture

Ensure atleast 50% (by cost) of all wood based products used in the building will be FSC (Forest Stewardship Council) or the local Forest Department certified wood or rapidly renewable based products.

# Percentage of FSC / Forest Department certified wood / Rapidly renewable

> 50% > 75%

# **Green Building Materials**



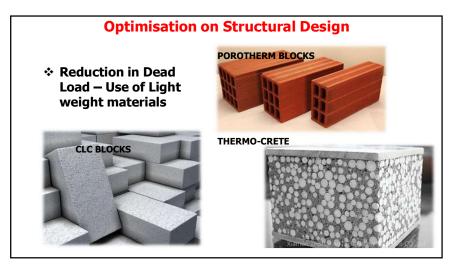
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# **Optimisation on Structural Design**

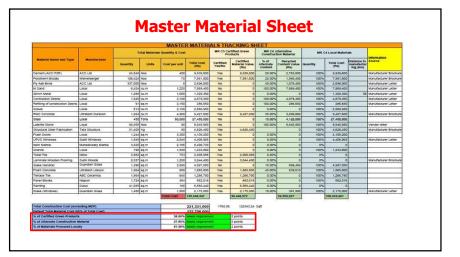
- \* Optimum use of construction materials to reduce dependence on natural resources
- Design to conserve steel, concrete, water and cement as compared to standard practices, while maintaining structural integrity

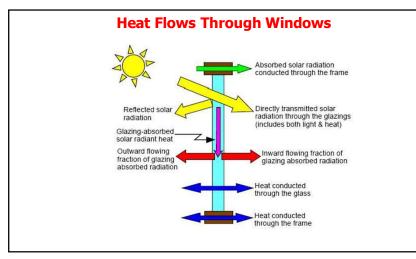


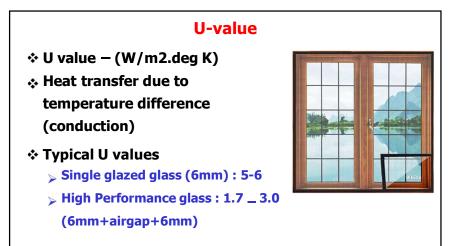




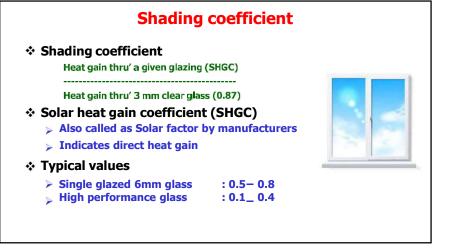






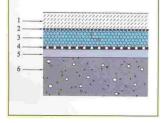






**Roof Insulation** Over-deck ? Under-deck? 3 Insulation sandwiched Saving potential

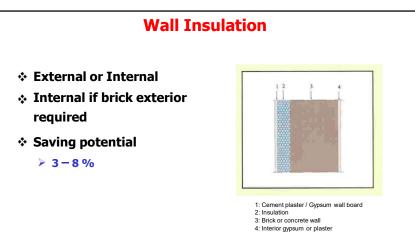
> 3-8 % depending on extent of roof





6: Concrete roof deck

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### **Autoclaved Aerated Concrete Blocks**

#### \* AAC blocks

- Composed of fly ash, cement, lime, Aluminum powder and water
- Unique properties
  - Low U value: 0.67 W/m<sup>2</sup> ok
  - > Reduction in temp possible : 4-5°C
- \* Economic Benefits
  - > 15-20% savings in A/c Load
  - Savings in Cement





#### Insulation Materials-Relative U-values (75 mm thick)

#### \* Glass wool stuffed

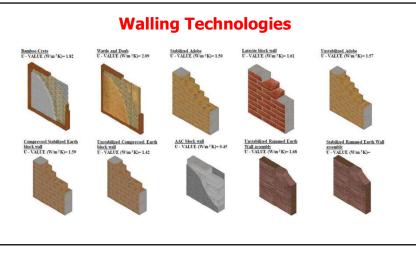
> U value : 0.53 W/m<sup>2</sup> deg K

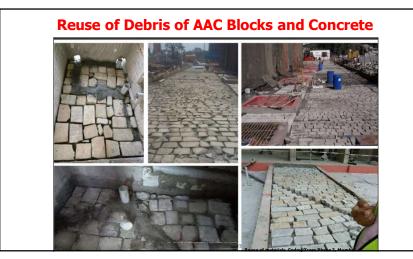
\* Thermocol

- > U-Value : 0.47 W/m<sup>2</sup> deg K
- \* Extruded Polysterene
  - > U-Value : 0.37 W/m<sup>2</sup> deg K
- \* Polyurethane
  - > U-Value : 0.35 W/m<sup>2</sup> deg K

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## Use of Excavated soil as Alternate Material



VKM Goldfields, Coimbatore



# Envelope measures : Typical saving potential

* AAC wall	: 3-8 %
<ul> <li>Brick wall with 75mm extruded polysterene insulation</li> </ul>	: 3-8 %
High Albedo roofing material	: 2-3 %
Roof garden	: 1-2 %
Low-U glass & glazing	: 6-8 %
Thermal break	: 1-2 %
* Roof insulation (extr.polyst)	: 5-6 %

# **Pre Fab Construction**





