Introduction to Passive-design Response in Increasing Resilient Thermal with Viable Solutions -PRITHVI

A result of the Living Laboratory Experiments at Light House Projects

01st September 2023





Ministry of Housing and Urban Affairs Government of India







Buildings have a very unique powerful characteristics – its has a capacity to define & identify.

Buildings will remain one of the important elements of our Identity and our FUTURE

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HOUSING FOR ALL – More than a MISSION, it's a need



India urban population is increasing, and so is the demand for residential buildings out of which most of them are in the 'affordable' category.



Demand Supply **Overview of affordable housing sector PMAY (U) Achievement** Construction of Houses (Nos in Millions) 80 million households in India are 11.89 estimated to be living Sanctioned in slums 7.625 11.313 20 million 40 million Grounded* Completed/Delivered* current housing current housing

Source:

shortage in Rural areas

1. Affordable And Quality Housing Is Still A Dream For Many In India

2. Resilient and affordable housing for all: Lessons on house building from Kochi and Trivandrum, India, Coalition for Urban Transitions

3. Ministry of Home Affairs, Government of India. Population projection. Census of India. (2011). Retrieved 12 April 2022, from https://www.censusindia.gov.in/2011census/dchb/DCHB.html https://www.censusindia.gov.in/2011census/dchb/DCHB.html https://www.censusindia.gov.in/2011census/dchb/DCHB.html https://www.censusindia.gov.in/2011census/dchb/DCHB.html

 $https://pmay-urban.gov.in/uploads/progress-pdfs/638581aea7c71-PMAY-U_Achievement_as_on_28th_Nov_2022-FOR-WEB.pdf$

shortage in Urban areas

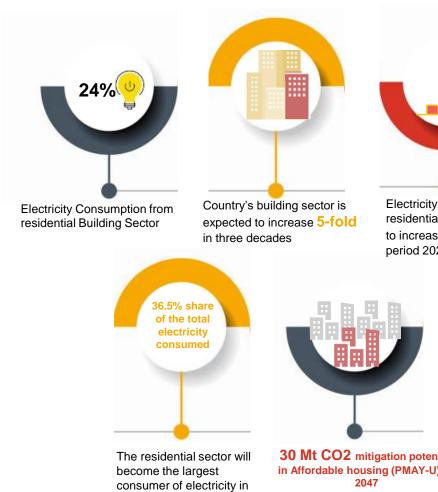
Housing for All



Ministry of Housing and Urban Affairs Government of India

The Government of India has been implementing its flagship programme-Pradhan Mantri Awas Yojana- Urban (PMAY-U) since 2015 to fulfil the vision of 'Housing for All' by 2022.





2032

Electricity consumption in residential buildings is expected to increase 7-fold during the period 2020-2040

30 Mt CO2 mitigation potential in Affordable housing (PMAY-U) by





Innovative Construction Technologies for Affordable Housing Global Housing Technology Challenge was launched in 2019 under which 6 Light House Projects were grounded to showcase new age technologies



Pursuit to provide Pucca House and solve many problems of the people living in slums.







Trapped with adverse thermal conditions





Looking desperately for solutions





Induced dependency on Active measures

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& Thermal Comfort

Innovative Construction Technologies for Affordable Housing

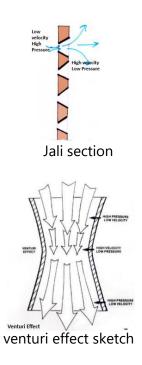
Living Lab Experiments Vision to Prime Minister Modi at the 6 LHP sites To Fast track construction with new age innovative technologies and to ensure sustainable tomorrow History is filled with great examples of successful case studies.

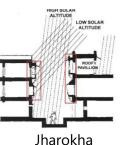
Vernacular Architecture

Design elements used: jharokha, jaali, red sandstone, stained glass



Source: Hawamahal the crown of Jaipur/amerjaipur.in/2016 https://thinkindiaquarterly.org/index.php/think-india/article/view/18458/13421







Hawa Mahal



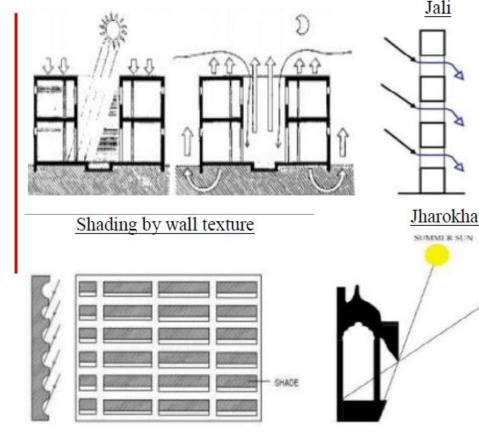
Vernacular Architecture



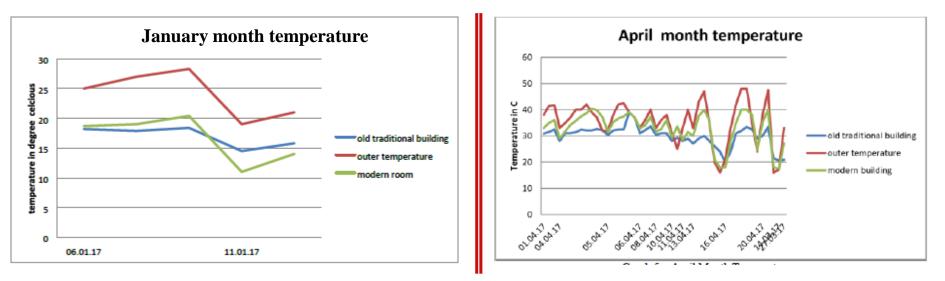
Gardens in the Amer fort

Design elements used: courtyards, red sandstone, jharokha, jali, geometrical patterns in gardens, pillared halls, central pool, fountains

Gardens and water bodies are one of the most effective way in lowering the temperature inside the building. these not only enhance the microclimate of the building but also helps in adding royal and aesthetic look.



With Modernization & in fast moving pace world, we are getting trapped in thermally uncomfortable environment



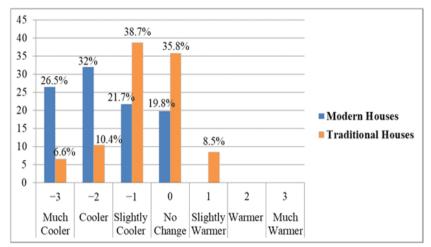
The experimental observations for temperature and humidity reveal that traditional building provided better thermal comfort with variation of 4-5°C,

temperatures were higher in winters and lower in summers.

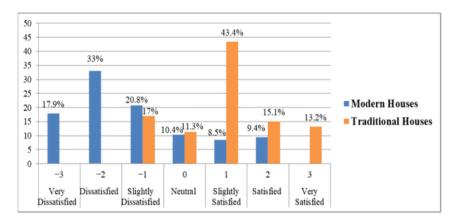


Source: http://heb-nic.in/cass/admin/freePDF/9y19bgg8gsqmriknkp79.pdf

Occupants of modern houses demands cooler indoor environment and remain dissatisfied with Thermal conditions in their home compared to traditional house occupants



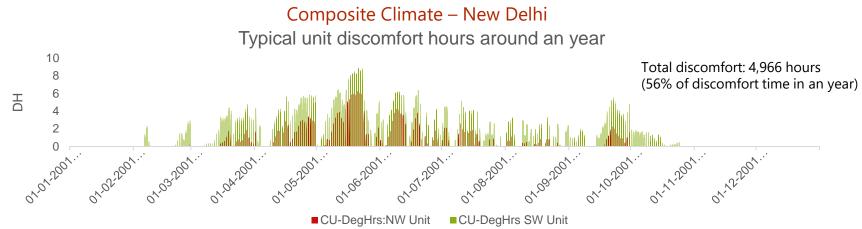
Thermal preference scale for condominium and traditional house



Thermal satisfaction scales for condominium and traditional houses.

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Discomfort Hours (DH - cooling)



We are meeting this DH with Active Measures and we don't mind paying our bills. But do we see the same future for occupants of affordable housing or we have alternatives?

Envelope RETV 18.5 to 12

Reduction in DH by 10-15%

Same is True for Temperate Climate Zone as well due to :

- 1) Climate Change
- 2) Urban Heat Island

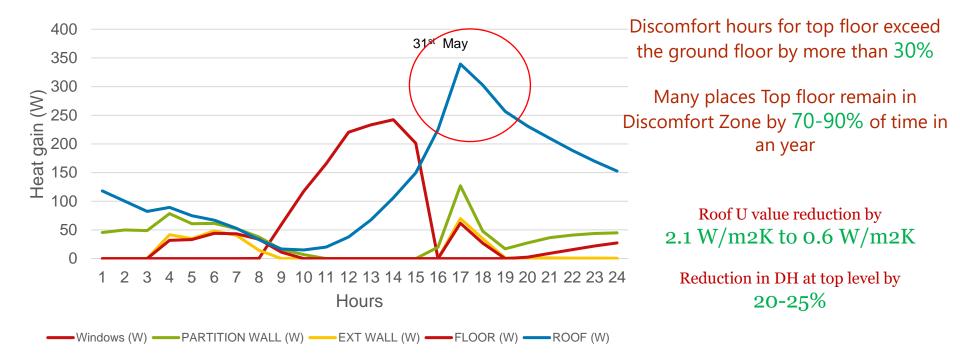
3) Poor Ventilation

4) Many Technology which are not RETV compliant

SHGC reduction 0.8 to 0.3

Reduction in DH by 8 - 10%

Peak day heat gain





To make thermal comfort an important criteria to Design and Construct an affordable housing

Become a TECHNOGRAHI – Register Today



To visit six LHP sites for learning, consultation, generation of ideas and solutions, experimentation, innovation and technical awareness

Target Group :-



Faculty & Research Students



Technical Professionals



Central/States/ULB Officials



Construction Agencies

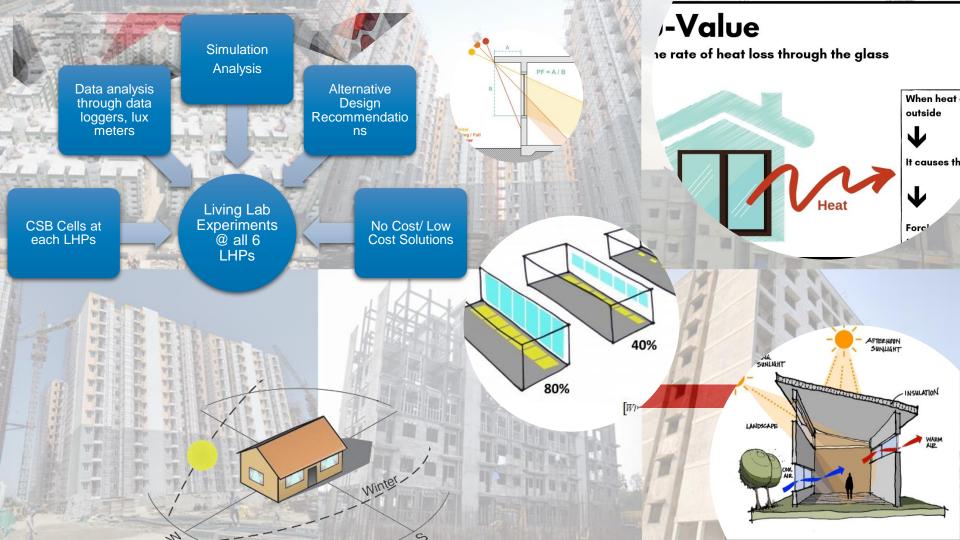


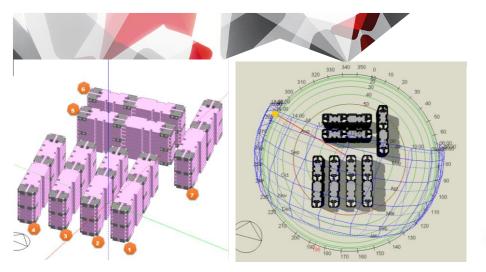
Builders/ Developers

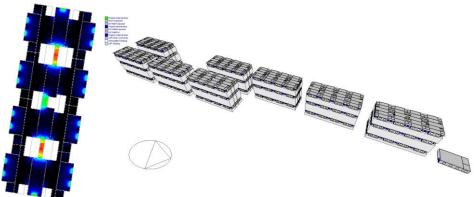


Startup/Innovators/Enterpreneurs

Scan and enrol: 回题就回















Demonstration Projects



One objective – to understand the relevance of Passive-design Response in Increasing Thermal Comfort



Passive-design Response in Increasing Thermal Comfort with Viable Solutions (PRiTHVi – Draft)

A result of the Living Laboratory Experiments at Light House Projects



Ministry of Housing and Urban Affairs Government of India









Vol 1 – Single Family Homes Vol 2 - Multi Family Homes

PRITHVi for better LiFE in Affordable Housing

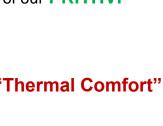
Emphasis on Passive Design strategies for thermal comfort

Results supported by CSB Cells of GIZ



Why PRiTHVi is the need of hour?

- Thermal Comfort is a **basic necessity** and demanded by all of us (without any discretion) since birth
- Choice meet it via passive measures or active measures.
- Any house has to provide thermal comfort to its occupant inevitably
- The volume of PMAY is huge and more and more houses will be added in its portfolio for years to come putting pressure on our infrastructure
- Homes we build today needs to be future ready for the sake of our PRITHVI
- **Passive** principles with simple and no cost solutions
- Adopted to provide one of the basic needs of humankind "Thermal Comfort"













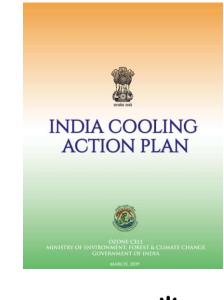
PRiTHVi for Nationally Determined Contributions (NDCs) and Combating Climate Change

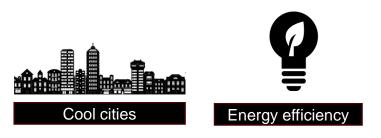




PRiTHVi for India Cooling Action Plan

- ICAP, The India Cooling Action Plan (ICAP)
- Address the challenges and opportunities related to space cooling and providing thermal comfort for all.
- Promotes sustainable approaches for:
 - Thermal comfort for all
 - · Reduce green house gas emissions and enhance energy efficiency,
 - Provide access to cooling for all, while ensuring the well-being of the people and the environment.





Provide thermal comfort solutions for affordable housing through passive design approaches



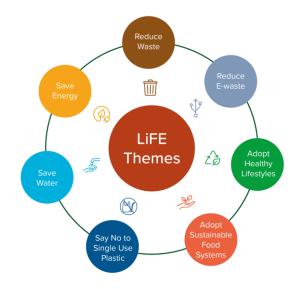
Thermal Comfort Affordable Housing has the potential to contribute to India's commitment in COP27

PRiTHVi for LiFE (Lifestyle for Environment)

• LiFE Initiative: Launched by PM Narendra Modi at COP26 in Glasgow in Nov '21

• Aims to shift from destructive consumption to mindful utilization for environmental protection and preservation.

• Three themes aligned with climate smart affordable housing – Save energy, Reduce Waste and Save Water





Objective of todays Stakeholder Consultation









Discuss the Finding of the entire development of **PRiTHVi** Discuss the relevance and ease of understanding for Affordable Housing Collate suggestions and feedback

Interactive discussions to make **PRiTHVi** relevant for the industry

Scope for PRiTHVi

- Translates solar passive design principles into design requirements.
- This document is based on the adaptive comfort principles – IMAC-R
- Provides opportunity
 - Passively designed building in improving thermal comfort.
 - Based on no cost solutions widely available via nature or intelligent planning
 - which shall retain the affordability of an affordable housing.

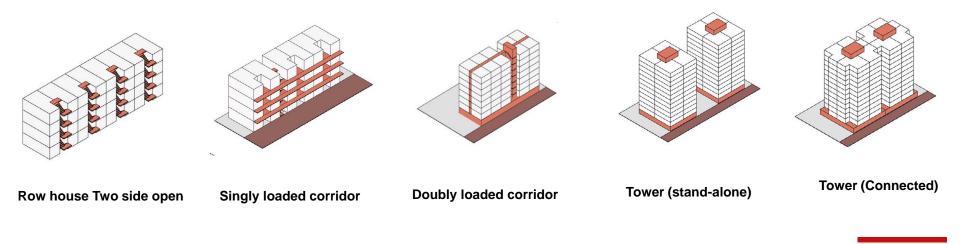


Thermal Comfort

"That condition of mind that expresses satisfaction with the thermal environment" (ASHRAE 55)

PRiTHVi for Multi family home

• Multi-family homes are usually developed in low rise (walk up apartments up to ground +4 storeys), mid-rise (up to 8 storeys) and high rise (beyond 8 storeys) formats. The various multi-family typologies are discussed below.



5 Panchamrit for Passive-Design in **PRiTHVi – Multi Family – what we think?**

- 1. Orientation and Mutual Shading
- 2. Shading of glazed façade
- 3. Window sizes and Glass Specification
- 4. Natural and Cross Ventilation
- 5. Cool Roof

2 Levels of PRiTHVi Compliance

LEVEL 1: PRiTHVi

(Minimum Thermal Comfort Performance Level)

- ✓ Easily achieved by passive measures.
- If adopted, the building will achieve the acceptable level of thermaly comfortable hours inside the building and reduce the need of active cooling or heating considerably.

Level 2:

Swarna PRiTHVi

(Advance Thermal Comfort Performance Level)

- Adopting all recommendations of Level 1 bundled with additional advance measures,
- ✓ If adopted, will ensure a building will maximize the thermal comfortable hours inside the building and reduce the use of active cooling or heating significantly.



Longer Facade but on site sometimes achieving ideal orientation is not possible due to shape or other constraints

For ideal orientation:

climate zones)

Ideal orientation:

and

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the longer façade should face true north and south directions

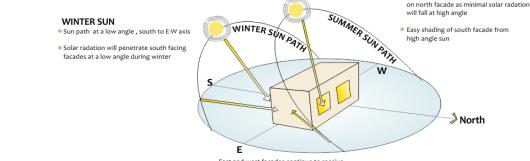
maximizing radiation in winters (or cold regions).

allows for minimizing solar

radiation in summers (or in hot

Orientation & Mutual Shading

solar



East and west facades continue to receive uniform, strong solar radiation at a low angle through the year.

Understanding the sun path for ideal orientation, source: https://nzebnew.pivotaldesian.biz/knowledge-centre/passive-design/form-orientation/#

Longer Facade Longer Facade Longer Facade

Understanding the longer and shorter facade of buildings.

Orientation

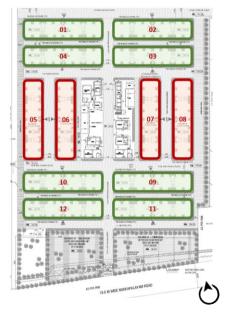
Axis Line

SUMMER SUN Sun path at a high angle sun, north to E-W axis

Glare free daylight is most easily available

Orientation & Mutual Shading

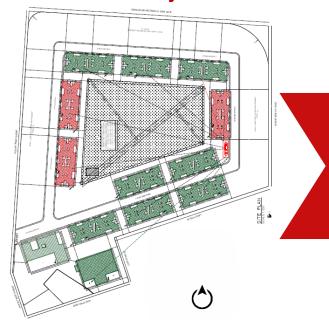
LHP Chennai



14° Tilt from North

N-S Oriented blocks = 66.67%

With Mutual Shading - 83%



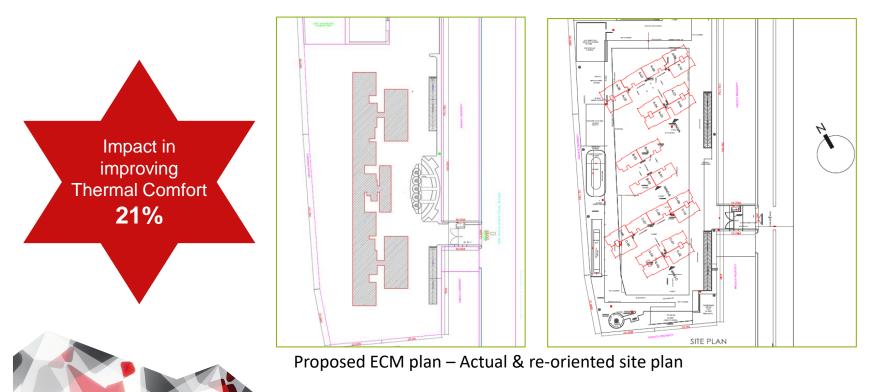
18° Tilt from E-W Axis

N-S Oriented blocks = 75%

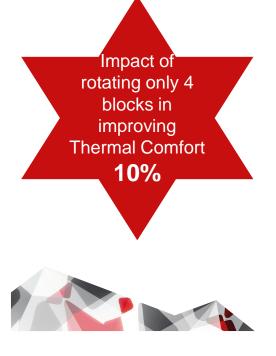
LHP Rajkot

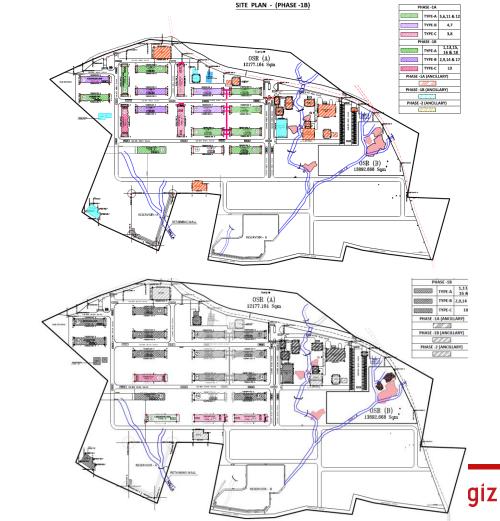
Impact : Proper orientation further enhanced the Thermal Comfort of these technologies by **10-12%**

Examples - Greenfinch Habitat, Bengaluru



Vidiyal Residency Private Limited Hosur, Tamil Nadu







The Question is – what's stopping us then?

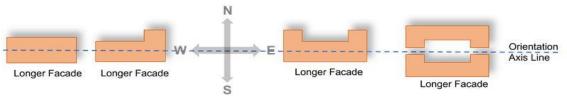
Correct orientation and mutual shading

- is free of cost
- is possible
- is simple
- It has a SIGNIFICANT impact
- All it needs a due consideration during planning time

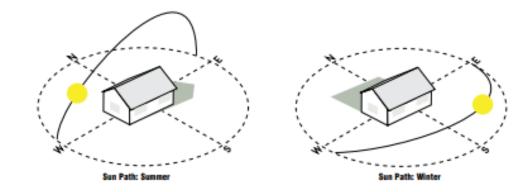
Orientation & Mutual Shading

To do the same, the *Orientation Axis Line* of the building block shall

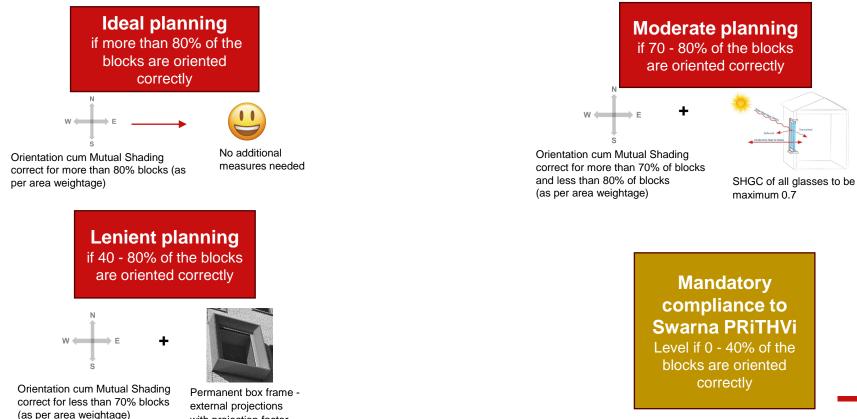
- be aligned with the True North with a maximum deviation of ± 22.5 degrees, or
- aligned between 45 degrees to 135 degrees from true North or 225 degrees to 335 degrees from true north and is Mutually Shaded from the adjacent block as per the criteria mentioned in section covering mutual shading requirement.



Understanding the longer and shorter facade of buildings.



Compliance Requirement - Minimum threshold limit as per planning category



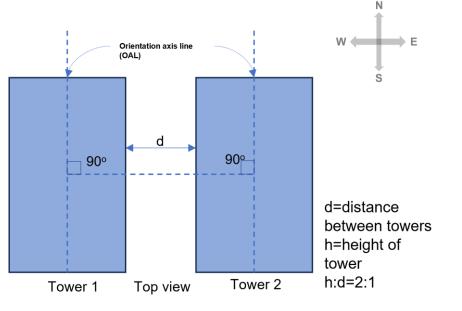
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with projection factor = 0.55

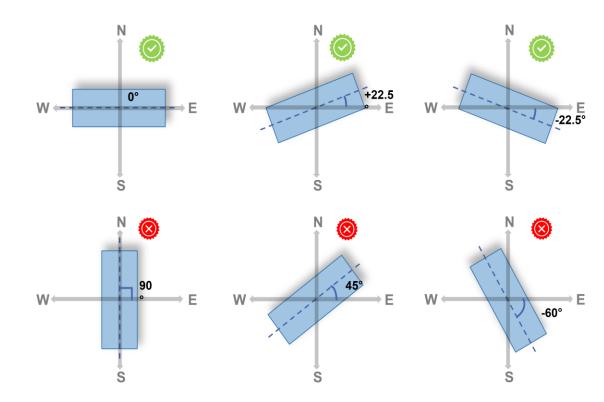
Orientation & Mutual Shading

- For mutual shading
 - same height and length.
 - parallel to each other
 - their edges are flushed
 - Only 50% of each building block ground coverage area shall which are mutually shaded are considered for final calculation.

Requirements of orientation and Mutual Shading in PRiTHVi has been kept keeping the simplicity in mind and avoiding the need of simulation or complex calculations

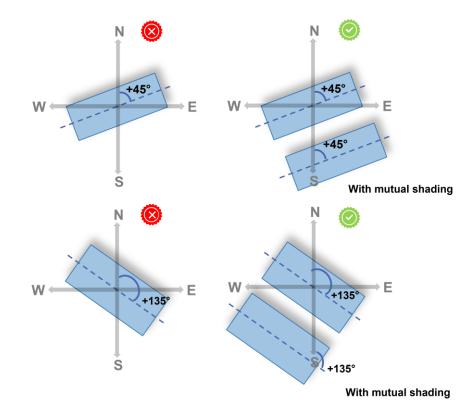


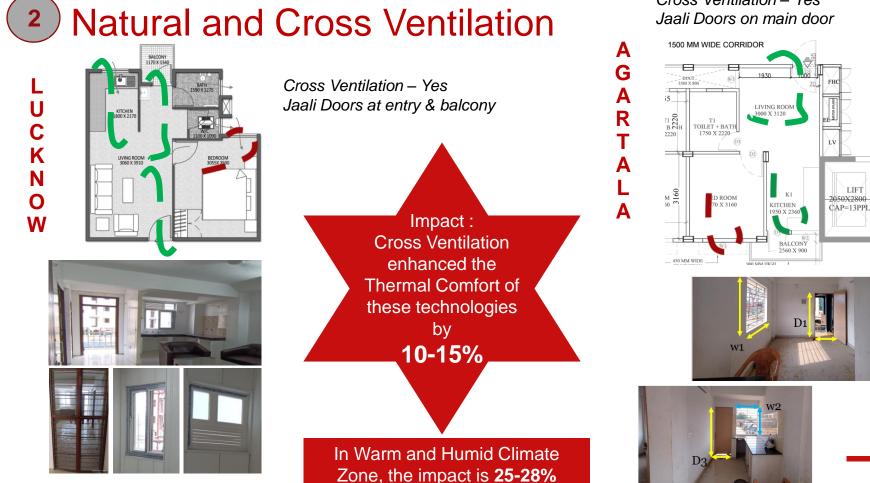
Orientation



Acceptable limits of orientation of the longer facade

Orientation & Mutual Shading





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LIFT

Cross Ventilation – Yes

2 Natural and Cross Ventilation





Sliding Window

Difference between DH of Casement and Sliding window **15-18%**

The Question is – what's stopping us then?

Natural and Cross Ventilation

- Source (wind) is naturally available
- Closing the building envelope hinders its flow inside
- is possible
- is simple
- It has a SIGNIFICANT impact
- Its even more needed due to smaller size units
- All it needs a due consideration during planning time

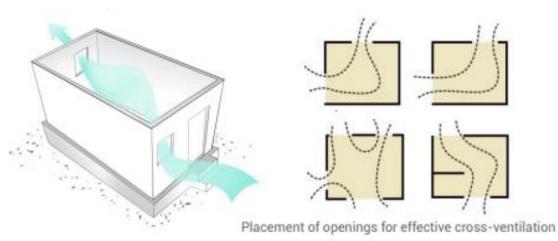




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Compliance Requirement – Natural and Cross Ventilation

- Main entrance door of all units in an affordable housing located in warm & humid and composite climate zone should have an additional full length Jaali door fitted at the entrance of the unit (entrance door) to allow cross ventilation.
- All windows in bedroom to be a casement window with 90% openable area..
- All windows in living room and kitchen having size less than 1.25 meters should be a casement window with 90% openable area.





140 KW on-grid solar PV 39% of Roof Area covered by PV ACC blocks on roof



40 KW on-grid solar PV 65% of Roof Area of Community center Use of China Mosaic



Use of China Mosaic on roof



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152 KW on-grid solar PV Proposed 23% of Roof Area covered by PV use China Mosaic on roof



Again the same Question – what's stopping us then?

Cool roof

- It can be done via waste (china mosaic)
- Can help to generate energy (PV)
- Help in heat island effect
- is possible
- is simple
- It has a SIGNIFICANT impact
- All it needs a due consideration during exection time





10/31/2023



• The roof should have 7mm reflective white colored China Mosaic tiles on the entire Terrace floor with appropriate spacing over 50mm bedding cement mortar.

(or)

 Choose light-colored or reflective roofing materials that reflect sunlight. Apply special coatings (high SRI paints) that make your roof reflect sunlight and stay cooler.

(or)

• Shade minimum 50% of the roof area with canopies/ shading structure/ green vegetation/ solar PV.

Consider having plants on your roof, as they provide natural shade and help cool down the building.

Remember to take care of your roof by keeping it clean and

fixing any damage to maintain its cooling properties.







Correct design of Shading plays a very important role in cutting unwanted solar radiations in summer time and allowing solar radiations in winter time.

Generally all affordable housing is providing shading with depth of 300 mm to 450 mm

Proper shading can enhance thermal comfort by 7-8% from basecase. Having a rolling blinds in east and west façade improves ventilation by 20-25%







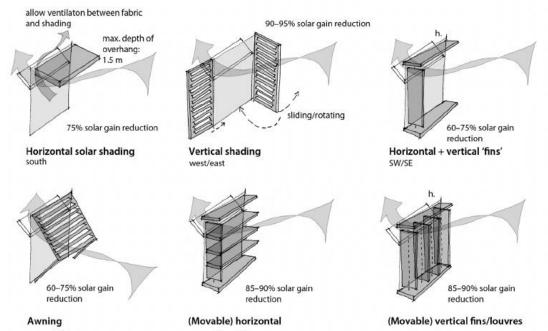


 A minimum projection factor of 0.55 is required for windows with permanent external projection, such as overhangs, side fins, box frames, verandas, balconies, and fixed canopies that offer continuous shade, except for the lenient planning category.

OR

 A minimum depth of permanent external projection such as overhangs, side fins, box frames, verandas, balconies, and fixed canopies that offer continuous shade to be at least 600 mm

Any consideration to be given to direction of façade ?

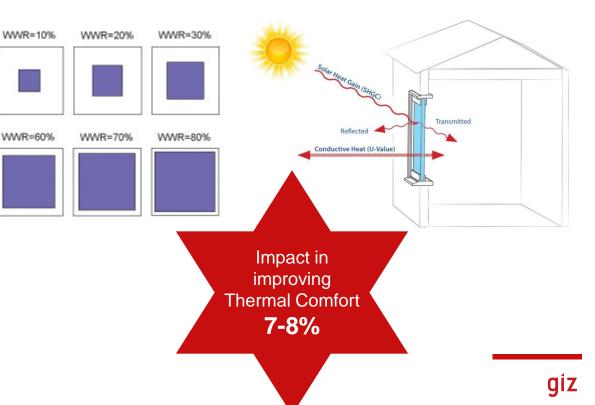


5 Window sizes and Glass Specification

- Maximum allowable Window Wall Ratio (WWR) is 15% and minimum is 12%
- Vertical fenestration (glass only) shall comply with the maximum SHGC of 0.7.

Or

• Should we mention tinted glass?



Summary of Recommendations

	Hot & Dry	Warm & Humid	Composite	Temperate	Cold
Orientation	Adopt the orientation and mutual shading concept as per Table no. 4			Optimize the building's orientation to maximize solar gain during the winter months. The living spaces and large windows should face south to capture the most sunlight.	
Shading	PF = minimum 0.55 or Permanent projection of 600 mm				
WWR	Maximum allowable Window Wall Ratio (WWR) is 15% and minimum is 12%			Maximum allowable Window Wall Ratio (WWR) is 12%. Plan maximum no. of windows on South, West and East direction.	
SHGC	Vertical fenestration (glass only) shall comply with the maximum SHGC of 0.7				
Ventilation/ WFR	All windows of size less than 1.5 meters should be a casement window with 90% openable area				

Summary of Recommendations

	Hot & Dry	Warm & Humid	Composite	Temperate	Cold
Roof	entire Terrace floor v mortar. (or) Choose light-colored special coatings (high cooler. (or)	e 7mm reflective white with appropriate space or reflective roofing r n SRI paints) that make 6 of the roof area with etation/solar PV.	ng over 50mm been naterials that refle	dding cement ect sunlight. Apply sunlight and stay	Insulate your roof to keep the heat outside and the coolness inside

Envelope Material (U value) for Swarna PRiTHVi



Swarna PRiTHVi

Though this standard focuses on the Passive approaches and natural remedies to attain optimum level of thermal comfort, it is important to mention the importance of building envelope design in attaining the thermal comfort inside a built environment. Thus, to further strengthen the impact on comfortable hours attained with the 5 passive measures stated in this standard, PriTHVI recommends:

- Opaque above grade external walls shall comply with the maximum assembly U-factors of 0.8 W/m2K
- And Thermal transmittance of roof shall comply with the maximum Uroof value of 1.2 W/m2.K.

for compliance with Swarna PriTHVi level of this standard.

Impact of Passive Strategies based on Climatic Zones

Hot & dry



Very High	Natural ventilation control, sunlight control, orientation
High	Wall surface area, Windows
Neutral	Material, Typology

Warm & Humid

Very High Natural ventilation, sunlight control, orientation	
High	Windows
Neutral	Material, Typology, Wall surface area

Temperate



Very High sunlight control, orientation	
High	Windows, Natural ventilation
Neutral	Material, Typology, Wall surface area

Impact of Passive Strategies based on Climatic Zones

Cold



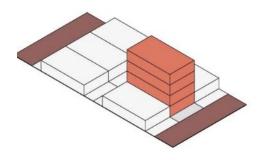
Very High sunlight control, orientation, Material	
High	Wall surface area, Windows, Natural ventilation
Neutral	Typology

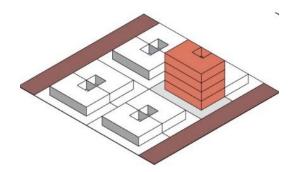
Composite



Very High	sunlight control, orientation, Natural ventilation		
High	Wall surface area, Material, Windows		
Neutral	Туроlоду		

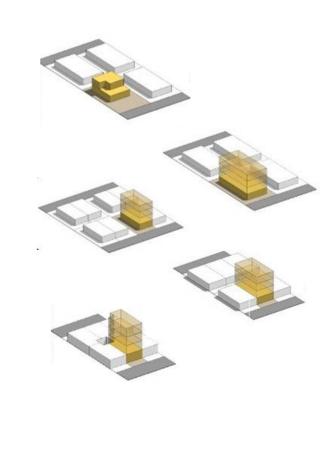
PRiTHVi for Single Family Homes







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Passive Design Approaches

- Small plot sizes
- Big Dreams, Bigger Constraints, PRiTHVi needs to contribute to make LiFE better
- Need to reach the ground level in Villages and Small Towns
- Simple Dos and Donts to make a Dream House Thermally Comfortable as well

5 Panchamrit for PRiTHVi – Single Family

- 1. Site Planning
- 2. Built Form
- 3. Space Planning
- 4. Windows Location, Cross Ventilation, & shading
- 5. Wall and Roof Design

1. Site planning

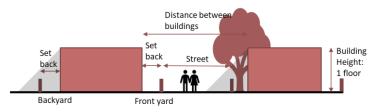


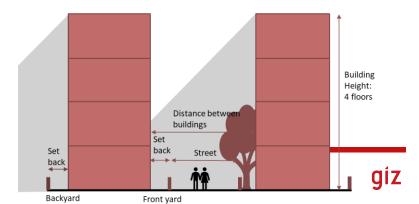
Minimise hard paved surfaces:



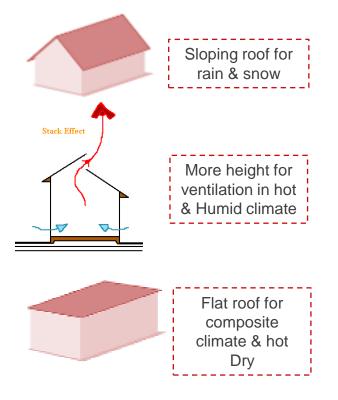
Maximise green area:

- For cold climates locations allow maximum sunlight by enough space between buildings.
- For summer dominated location plan enough shades to walls and ensure cool surroundings with vegetations, mutual shadings



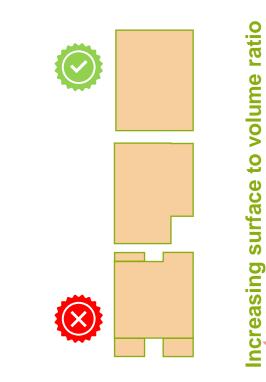


2. Built Form



COMPACTNESS

Simple building form needs to be adopted where the external wall area is minimum.



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3. Space Planning – As per Solar Design

Recommendations for summer dominated locations

In warm and humid climates Direction Response Strategy orientation in Low angle of the sun in winter: South Ideal to locate windows and living the sun, the of wind is also ideal to allow sunlight. spaces of the house High angle of the sun in summer: can be shaded North Very little direct sun received, Ideal for cool spaces requiring best for receiving uniform uniform light such as a study D-I'h daylight 45 or 30 degree East Receives morning sun at low Ideal for bedrooms to catch angle. morning sun, windows can be shaded with side fins or louvers. West Maximum effect of the harsh Avoid windows, openings, ideal to evening sun specially in locate staircase or utility areas Have least wall area facing west summers Shade wall with vegetation

from

to

apart

relation

direction

important

3. Space Planning – As per Solar Design

Recommendations for winters dominated locations

Direction Response Strategy Ideal to locate sun balconies to South Receives maximum sunlight and warmth during the day capture warmth during the day and living spaces of the house East Receives morning sun at low Ideal for catching morning sun and angle. keep areas warm during the day. West Receives evening sun Ideal for catching evening sun and keeping areas warm during the night. North Very little direct sun received, Ideal for cool spaces requiring best for receiving uniform uniform light such as utility areas. daylight

Living areas are located facing South, East and West, Utility areas are located facing North

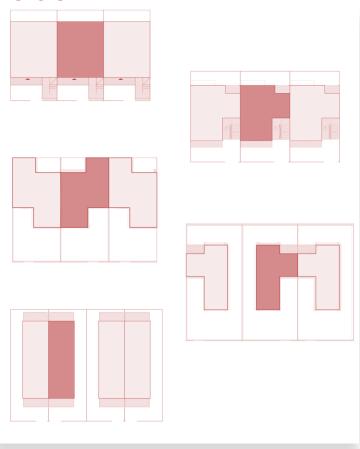




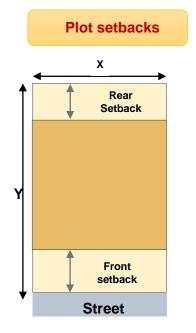
Sun balcony on south facade to trap maximum heat inside.

3. Space Planning – Internal Space

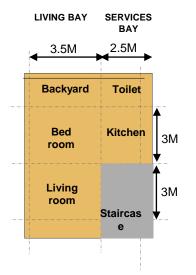
- Plots in India usually have a rectangular configuration with the shorted side facing the street and the depth being longer.
- As the city becomes more crowded and more expensive the plots tend to become long and narrow as street frontage and access becomes more prime.



3. Space planning – Internal Spaces



Minimum setback range of 2-3m to ensure optimum light & ventilation. These may be superseded by local byelaws in each location. Unit size & design



Unit with its typical 3.5m wide structural bay for living rooms and 2.5m wide bay for services gives optimum space and economy of structure.



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3. Space Planning - Internal Flexibility

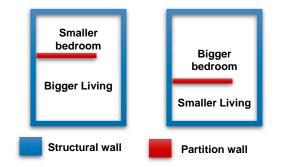
Structural walls vs partitions

 Keep internal walls flexible wherever possible to allow flexibility in space usage. If not structural these can be movable partitions with openings/ ventilators on top for air flow between rooms.



Storage and multi-purpose spaces

 In small homes storage needs to be maximized. Wall shelves and recesses help clear floor space. Cupboards can function as partitions. Recessed windows provide shade as well as storage above & below.





3. Space Planning - Internal Flexibility

3

Front & back open spaces for ventilation

 Open spaces in the front and back of the house are important for washing, drying, parking, socializing etc.
 Spaces like kitchen and washing area should connect to the outside for better ventilation & comfort.



 With long narrow plots it is important to have light and ventilation through the back or through a courtyard or shaft in the middle to get light & ventilation in the back rooms.





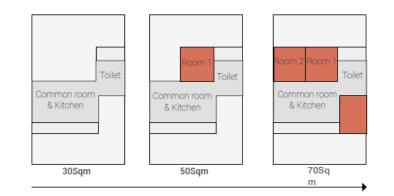
3. Space Planning - Future expansion

The building would also add upper floors as an extension of the home. Eventually, most buildings in such a colony will grow to four stories.

The design of the individual dwelling unit must, therefore, **anticipate extension and growth**. The patterns of extension and growth:

- Need to be efficient & functional- proper access, provision should be left on the ground floor to add a staircase for terrace access
- Maintain adequate daylight & ventilation enough distance between buildings should be maintained and cut outs should be provided
- **Optimise passive strategies in buildings** in order to maintain optimal thermal comfort.

These aspects of environmental performance must be assured through the processes of incremental growth of the buildings.

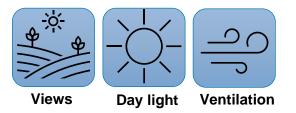




4. Windows - Windows - Location, Cross Ventilation, & shading

✓ Adequate daylight
✓ heat outside
✓ natural ventilation





Recommendation for different climates



In **hot climates**, evenings and nights - open for cool air to flow through the rooms. During the afternoon- keep windows close



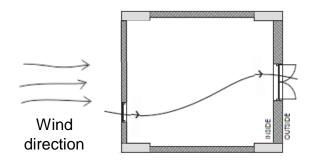
In warm and humid climates, more cross-ventilation is needed. Larger window openings, with additional ventilators above, need to be provided.

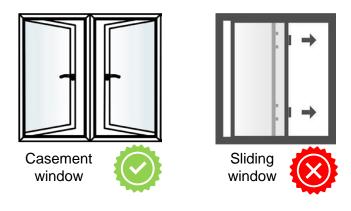


In cold climates, prefer glass windows instead of open balconies or verandahs



- facing the natural wind direction smaller windows
- opposite side larger to encourage cross ventilation.





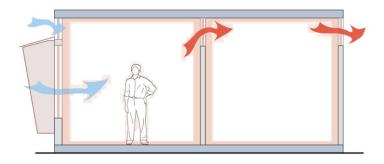


• Casement windows allow 90% of the window

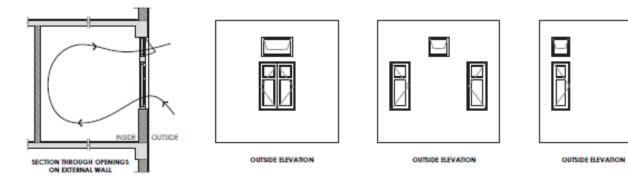
Window height

3

- Provide ventilators on top
- Provide ventilators between rooms

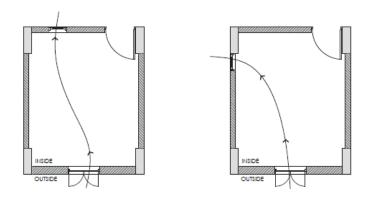


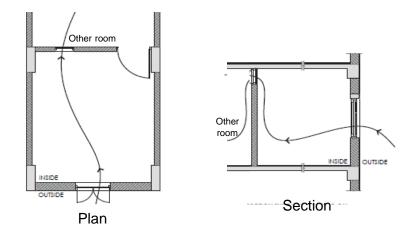
Here, ventilators are provided in 3 window design options for natural ventilation.



4. Windows - Windows - Location, Cross Ventilation, & shading

• Following are a few best practices to enhance the natural ventilation potential in affordable housing dwelling unit





Openings on adjacent or opposite external walls for cross ventilation

Openings on external wall and internal wall for cross ventilation

4. Windows - Windows - Location, Cross Ventilation, & shading

Recommendation for different climates



During warm and hot seasons, Minimum Chajja of 600 mm



In a cold climate, or during a cold winter, it is desirable to let the sun enter the room, while the glass window is closed. This will add warmth to the rooms.

Recommendation for different directions

South

A chajja or overhang works best for windows in the south. This allows low winter sun while blocking the high summer sun.





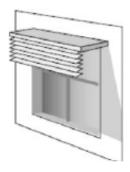
Standard horizontal overhang of 2 ft width

Slope it down for less projection



Other variations





Use louvers in place of solid overhang for more light while still shading

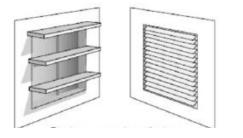
Drop the edge for less projection

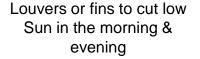
Substitute louvers for the solid dropped edge to let in more light

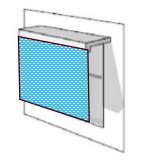
Recommendation for different directions

East & West

Shading is crucial if the window is facing toward East or West as the sun is low and harsher from these directions. This can lead to substantial heat gain.

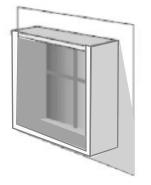






Adjustable shading works well – either roll-up and roll-down bamboo screens or louvres.

Other variations

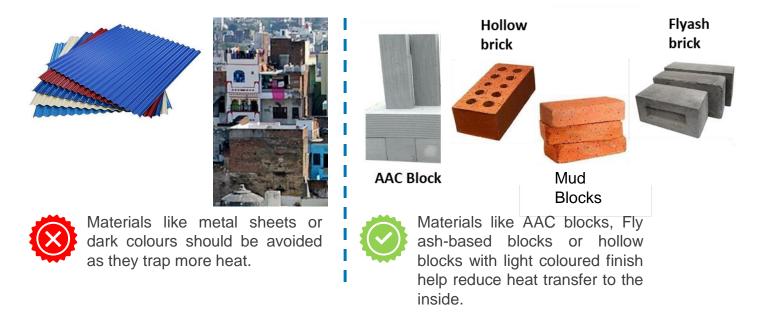




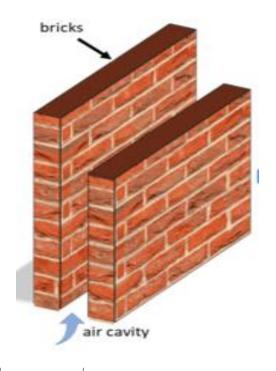
Boxed windows with projection on all sides

Recessed window with storage above and below

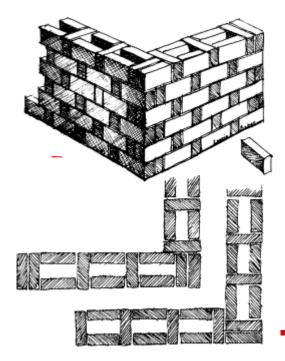
Selection of building materials is significant as it affects the thermal comfort of the occupants and energy consumption.



Cavity wall



Rat Trap Bonds



giz

• The roof experiences maximum heat gain from the Sun's direct rays. The hotter the surface of the roof the more heat will travel to the room below.



 Shading the roof surface using light weight framed structures. Installing solar PV over the roof also helps shade the roof surface. Vegetation can also be used to cover the roof surface and protect from Sun's rays



2 Reflect

• Reflect majority of the direct Sun rays falling on the surface. This can be achieved by using a light-colored roof finish such as China mosaic/ tiles, or limewash, or a heat reflective paint to reflect the sun's rays.



3) Insulate

 Use layers in the roof assembly that prevent heat transfer to the inside. Using insulation material such as Extruded polystyrene (XPS) or EPS insulation layer or mud phuska or air cavities created using inverted earthern pots are all ways of achieving insulation on the roof



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